

Lian Qing Chan Zhu Wo Xin Fang (恋情缠住我心房)

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Melvin Tan (MY) - June 2023
音樂: Lian Qing Chan Zhu Wo Xin Fang (恋情缠住我心房) - Summer Grace (風彩姐妹)



Dance Start after 16 counts

Part A -32 counts, Part B – 64 counts

Sequence: AB b32, AB b32, BB b32, AB b32, Ending A16

PART A (32 counts)

Section 1: Step on RF, Weight on Right, Hold, Change weight on Left, Hold

1 2 3 4 Step RF on R, Weight on Right, point right finger to forward, Hold 3 counts
5 6 7 8 Change weight on Left, Put Right hand on shoulder, Hold 3 counts

Section 2: Weight change on RF, Hold, Weight change on LF, Hold with Shoulder Movement

1 2 3 4 Change weight on RF, Cross arms, Hold 3 counts
5 6 7 8 Change weight on LF,

Hands on hips with shoulder open (5), close (6), open (7), hold (8).

Section 3: Step Touch with Shimmy

1 2 Step RF to R, Touch LF next to RF
3 4 Step LF to L, Touch RF next to LF
5 6 Step RF Forward, Touch LF next to RF
7 8 Step LF Backward, Touch RF next to LF

Section 4: A-go-go Step, Step on Right, Weight Change

1 2 3 4 Step RF to R, Touch LF next to RF, Step LF to L, Touch RF next to LF
(Right elbow up with fingers cover eyes, Left elbow up with finger cover eyes)
5 6 Step RF to R, Right Plam forward, Hold
7 8 Change weight on LF, Put right palm on head

PART B (64 counts)

Section 1: Toe Strut x4

1 2 3 4 RF toe strut on spot, replace on RF, LF toe strut on spot, replace on LF
5 6 7 8 RF toe strut on spot, replace on RF, LF toe strut on spot, replace on LF

Section 2: Step together Step Touch, Left Rolling Vine

1 2 3 4 Step RF to R, Step LF next to RF, Step RF to R, Touch LF next to RF
5 6 7 8 Turn 1/4L step LF Forward, turn 1/2L step RF back, Turn 1/4L step LF to L, Point RF to R

Section 3: Step Back Touch, Hip Bump

1 2 3 4 Step RF back, Touch LF next to RF, left hip bumps twice
5 6 7 8 Step LF back, Touch RF next to LF, right hip bumps twice

Section 4: Twist, Swivel, Flick

1 2 3 4 Twist heels swivel to R,L,R, Flick on LF (slightly move to right)
5 6 7 8 Twist heels swivel to L,R,L, Flick on RF (slightly move to left)

*(b32 – until here)

Section 5 Step Together, Hop, Touch, 1/4R Turn Jazz Box

1 2 3 4 Step RF forward, LF together, a small hop, Touch RF to R
5 6 7 8 Step RF Forward, 1/4R Turn Step LF Back, Step RF to R, Touch LF next to RF (3:00)

Section 6 Step Together, Hop, Touch, 1/4L Turn Jazz Box

1 2 3 4 1/4L Turn Step LF Forward, RF together, a small hop, Touch LF next to RF (12:00)
5 6 7 8 Step LF Forward, 1/4L turn step RF back, Step LF to L, Touch RF next to LF (9:00)

Section 7: A-go-go Step

1 2 3 4 Directly turn to front wall (12:00) Step RF to R, Touch LF next to RF, Step LF to L, Touch RF next to LF

(Right elbow up with fingers cover eyes, Left elbow up with finger cover eyes)

5 6 7 8 Step RF Forward, Touch LF next to RF, Step RF back, Touch LF next to RF

(Raise right arms up and down, raise left arms up and down)

Section 8: Step, Pivot Half Turn, Step Together, Step RF to R, Hand Movement

1 2 3 4 Step RF forward, pivot 1/2L turn , Step RF Forward, LF together

5 6 Step RF to R, Right Plam forward, Hold

7 8 Change weight on LF, Put right palm on head

Enjoy!

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