

Gu Du Song Ge (孤独颂歌)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Annie Yap (MY) - March 2023
音樂: Gu Du Song Ge (孤独颂歌) - Chen Wen Fei (陈文非)



Dance Start after 16 counts (approx. 12sec)

Part A-32 counts, Part B-32 counts

Tag 1-16 counts, Tag 2-2 counts

SOD: AAB tag1 AAB tag2 B tag1 (last 4 counts turn back to front wall)

Part A 32 counts

Section 1: Walk, Walk, Forward Shuffle, 4 Step Touch

1 2 3 & 4 Walk Forward on RF, LF, Forward Shuffle on RF,LF,RF
&5 &6 Step LF to L, Touch RF next to LF, Step RF to R, Touch LF next to RF
&7 &8 Step LF forward, touch RF next to LF, Step RF Back, Touch LF next to RF (12:00)

Section 2: Rolling Vine to Right, Touch LF, Rolling Vine to Left 1/4Turn Forward Shuffle

&1 2 3 4 Change weight to LF, 1/4R turn Step RF forward, 1/2R turn Step LF Back, 1/4R turn Step RF to R, Touch LF to Left
5 6 7 &8 1/4L turn Step LF Forward, 1/2L turn Step RF Back, 1/2L turn Forward Shuffle on LF,RF,LF (9:00)

Section 3: Syncopated Cross Vine to Left, Rolling Vine to Right 1/4Turn Forward Shuffle

1&2&3&4 Cross RF over LF, Step LF to Left, Step RF behind, Step LF to Left, Cross RF over LF, Step LF to Left, Touch RF to Right
5 6 7&8 1/4R turn Step RF forward, Turn 1/2R Step LF Back, 1/2R turn Forward Shuffle on RF,LF,RF (12:00)

Section 4: Pivot 1/2 Turn, Forward Shuffle, & Step & Step, Rock Back Recover

1 2 3&4 Step LF Forward, Pivot 1/2R Turn, Forward Shuffle on LF,RF,LF (6:00)
&5 &6 1/4R Turn Step RF Forward (&), 1/4R Turn Step LF together (5) (12:00) 1/4R Turn Step RF Forward (&), 1/4R Turn Step LF together (6) (6:00)
7 8 Rock RF Back Recover on LF (6:00)

Part B 32 counts

Section 1: Kick & Rock Back, Charleston Step

1& 2& Kick RF Forward, Step RF in place, Step LF Back Recover on RF
3& 4& Kick LF Forward, Step LF in place, Step RF Back Recover on LF
5 6 7 8 Step RF Forward, Touch LF Forward, Step LF Back, Touch RF Back

Section 2: Forward Shuffle, Backward Shuffle

1&2 3&4 Forward Shuffle on RF,LF,RF, Forward Shuffle on LF,RF,LF
5&6 7&8 Backward Shuffle on RF,LF,RF, Backward Shuffle on LF,RF,LF

Section 3: Samba Step, Lock Step Half Turn

1 & 2 Cross RF over LF, LF Step to L, RF Step to R
3 & 4 Cross LF over RF, RF Step to R, LF Step to L
5&6&7&8 4 Lock step 1/2 Right Turn (from front to back clockwise)

Section 4: Cross & heel & cross & Heel & Rock Recover Half Turn & half Turn

1& 2& Cross LF over RF, Step RF to R, Left heel up, Step LF in place
3& 4& Cross RF over LF, Step LF to L, Right heel up, Step RF in place

5 6 7&8 Step LF Forward, Recover on RF, 1/2L Turn Step LF Forward, Step RF together, 1/2L Turn
Step LF Forward

Tag 1 – 16 counts

Section 1: Side Rock Behind Side Cross

1 2 3 & 4 Rock RF to R, Recover on LF, Step RF behind, Step LF to L, Cross RF over LF

5 6 7 & 8 Rock LF to L, Recover on RF, Step LF behind, Step RF to R, Cross LF over RF

Section 2: Pivot Half Turn Forward Shuffle, Rock Recover Coaster Step

1 2 3 & 4 Step RF Forward, Pivot half left Turn, Forward shuffle on RF,LF,RF

5 6 7 & 8 Rock LF forward, Recover on RF, Step LF back, Step RF next to LF, Step LF Forward

(Ending: change this last 4 counts pivot half R turn, forward shuffle on LF,RF,LF (12:00))

& 3 ending pose with 6 counts)

Tag 1 – 2 counts

1 2 Sway Hip Right, Left

Enjoy!

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