Yes or No

拍數: 32

級數: Beginner

編舞者: ChiChi (INA) - December 2023

音樂: Yes or No - Jung Kook

Intro: 4 Count - NO TAG, NO RESTART

SECTION I - STEP, POINT WITH KNEE POP LR, STEP POINT HITCH, STEP LOCK DIAGONAL, .DIAGONAL SHUFFLE FORWARD

- 1 2 Step R in place & point on L with knee pop out (body angle to left diagonal) (1) Step L in Place & point on R with knee pop out (body angle to right diagonal) (2)
- 3&4 Step R in place & point on L with knee pop out (3) step ball on L (&) Recover on Right andslightly hitch L (4)
- Step L diagonal forward (5) crossed R behind L (6) 5 - 6.
- 7 & 8 Step L diagonal forward (7) step Lock R behind L (&) Step L forward (8)

SECTION II - CHARLESTON STEP, SIDE MAMBO

- 1 2Touch R forward (1), Step R back (2)
- 3 4. Touch L back, Step L closed R
- 5 & 6. Rock R to side (5) recover on L (&) Step R closed to L (6)
- 7 & 8. Rock L to side (7) recover on R (&) Step L closed to R (8)

SECTION III - CROSS SAMBA 1/4 RL, VOLTA FULL TURN

- 1&2 Make 1/4 Turn to Right Step forward on R 3:00 (slightly across left) (1), rock ball of Left to Left side,(&) recover weight on R (2)
- 3 & 4 Cross L over R (3), Rock ball of R to right side(&), recover weight on L (4)
- Make 1/4 Turn right step R Forward 6:00 (5) step L beside R (&) Turn 1/4 Right 5&6& stepRForward 9:00 (6) step L beside R (&)
- Turn 1/4 right Step R forward 12:00 (7) step L beside R(&) Turn 1/4 R step R Forward 3:00 7 & 8 (8)

SECTION IV - TRIPLE STEP LR , STEP FORWARD , POINT, SWAY RL

- Step Left to side 03:00 (1) step R close to L (2) step L in place (&) step Right to Right side (3) 1-2&3
- Step L close to R (4) step R in place (&) Step Left Forward (5) point R next to L (6) 4 & 5 - 6
- 7 8. Hip bump to R(7) Hip bump to L(8)

Ending: (at 6 o'clock) do the Diagonal Lock shuffle turn 1/2 to Left and ending at 12:00

I Hope you all enjoyed the dance $\Box \Box$

Last Update: 24 Dec 2023





牆數:4