

Yes or No

拍數: 32 牆數: 4 級數: Beginner
編舞者: ChiChi (INA) - December 2023
音樂: Yes or No - Jung Kook



Intro : 4 Count - NO TAG , NO RESTART

SECTION I - STEP , POINT WITH KNEE POP LR ,STEP POINT HITCH, STEP LOCK DIAGONAL, DIAGONAL SHUFFLE FORWARD

- 1 - 2 Step R in place & point on L with knee pop out (body angle to left diagonal) (1) Step L in Place & point on R with knee pop out (body angle to right diagonal) (2)
3 & 4 Step R in place & point on L with knee pop out (3) step ball on L (&) Recover on Right and slightly hitch L (4)
5 - 6. Step L diagonal forward (5) crossed R behind L (6)
7 & 8 Step L diagonal forward (7) step Lock R behind L (&) Step L forward (8)

SECTION II - CHARLESTON STEP, SIDE MAMBO

- 1 - 2 Touch R forward (1), Step R back (2)
3 - 4. Touch L back, Step L closed R
5 & 6. Rock R to side (5) recover on L (&) Step R closed to L (6)
7 & 8. Rock L to side (7) recover on R (&) Step L closed to R (8)

SECTION III - CROSS SAMBA 1/4 RL , VOLTA FULL TURN

- 1 & 2 Make 1/4 Turn to Right Step forward on R 3:00 (slightly across left) (1) , rock ball of Left to Left side,(&) recover weight on R (2)
3 & 4 Cross L over R (3) , Rock ball of R to right side(&), recover weight on L (4)
5 & 6 & Make 1/4 Turn right step R Forward 6:00 (5) step L beside R (&) Turn 1/4 Right step R Forward 9:00 (6) step L beside R (&)
7 & 8 Turn 1/4 right Step R forward 12:00 (7) step L beside R(&) Turn 1/4 R step R Forward 3:00 (8)

SECTION IV - TRIPLE STEP LR , STEP FORWARD ,POINT, SWAY RL

- 1- 2 & 3 Step Left to side 03:00 (1) step R close to L (2) step L in place (&) step Right to Right side (3)
4 & 5 - 6 Step L close to R (4) step R in place (&) Step Left Forward (5) point R next to L (6)
7 - 8. Hip bump to R (7) Hip bump to L (8)

Ending : (at 6 o'clock) do the Diagonal Lock shuffle turn 1/2 to Left and ending at 12:00

I Hope you all enjoyed the dance ☐☐

Last Update: 24 Dec 2023