

Glory Days

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Imam Wahyudi (INA) - December 2023
音樂: Glory Days - Nathan Carter



Start on vocals - Intro: 20 counts

Sequence: 40 (tag) 36, 20 (tag) 40, 12 (tag) 40, 34

Note: on the 4th wall in section III (& 1-4 count) to 20 towards, tag add step LF together

SEC.I - SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, SAILOR 3/4 TURN LEFT

- 1- Step RF to Right side
- 2- Recover on LF
- 3- Cross RF behind LF
- &- Step LF to Left side
- 4- Cross RF over LF
- 5- Step LF to Left side
- 6- Recover on RF
- 7- Cross LF behind RF 3/4 turn Left with sweep from front to back
- &- Step RF to Right side
- 8- Step LF fwd

SEC.II - BRUSH, HITCH, STOMP FWD, MAMBO FWD, HITCH 1/2 TURN RIGHT 2X, COASTER STEP

- 1- Brush RF fwd with jump
- &- Hitch RF knee
- 2- Stomp RF fwd
- 3- Step LF fwd
- &- Recover RF
- 4- Step LF back
- 5- Hitch RF knee 1/2 turn Right
- &- Step RF fwd
- 6- Hitch LF knee
- &- Make a 1/2 turn Right stepping LF back
- 7- Step RF back
- &- Step LF next to RF
- 8- Step RF fwd

SEC.III - TOGETHER, BACK ROCK, LOCK SHUFFLE FWD, PIVOT 1/2 TURN RIGHT, TRIPLE 1/2 TURN RIGHT WITH LOCK SHUFFLE

- &- Step LF together
- 1- Step RF back
- 2- Recover on LF
- 3- Step RF fwd
- &- Lock LF behind RF
- 4- Step RF fwd
- 5- Step LF fwd
- 6- Pivot 1/2 turn Right
- 7- Make a 1/2 turn Right stepping LF back
- &- Cross RF over LF
- 8- Step LF back

SEC.IV - SIDE ROCK 1/4 TURN RIGHT, COASTER STEP, FULL TURN RIGHT (MOVING FWD)

SYNCOVATED PIVOT 1/2 TURN LEFT, STEP FWD

- 1- Step RF to Right side
- 2- Recover on LF with 1/4 turn Right
- 3- Step RF back
- &- Step LF next to RF
- 4- Step RF fwd
- 5- Make a 1/2 turn Right stepping LF back
- &- Make a 1/2 turn Right stepping RF fwd
- 6- Step LF fwd
- 7- Step RF fwd
- &- Pivot 1/2 turn Right
- 8- Step RF fwd

SEC.V - SYNCOVATED CROSS ROCK, STEP 1/4 TURN LEFT, SYNCOVATED PIVOT 1/2 TURN LEFT. TOUCH, BACK ROCK, KICK-BALL-CROSS

- 1- Step LF fwd & cross
- &- Recover on RF
- 2- Step 1/4 turn Left stepping LF fwd
- 3- Step RF fwd
- &- Pivot 1/2 turn Left
- 4- Touch RF toe beside LF
- 5- Step RF back
- 6- Recover on LF
- 7- Kick RF fwd
- &- Step RF next to LF
- 8- Cross LF over RF (weight on LF)

Tag: 16 counts

SEC.I - SHUFFLE 1/4 TURN RIGHT, TRIPLE 1/2 TURN RIGHT, COASTER STEP, TRIPLE 1/2 TURN RIGHT

- 1- Step 1/4 turn Right stepping FR fwd
- &- Step LF next to RF
- 2- Step RF fwd
- 3- Make 1/2 turn Right stepping LF back
- &- Step RF next to LF
- 4- Step LF back
- 5- Step RF back
- &- Step LF next RF
- 6- Step RF fwd
- 7- Make a 1/2 turn Right stepping LF back
- &- Step RF next to LF
- 8- Step LF back

SEC.II - SAILOR STEP, SAILOR CROSS, TAP & HEEL - TAP & HEELL (SHIFTED TO RIGHT)

- 1- Cross RF behind LF
- &- Step LF to Left side
- 2- Step RF to Right side
- 3- Cross LF behind RF
- &- Step RF to Right side
- 4- Cross LF over RF
- 5- Tap RF toe behind LF (shifted to Right)
- &- Drop RF heel
- 6- Touch LF heel over RF (shifted to Right)
- &- Drop LF heel

- 7- Tap RF heel behind LF (shifted to Right)
- &- Drop RF heel
- 8- Touch LF heel over RF (shifted to Right)
- &- Step LF together

Enjoy & have fun!

Merry Christmas 2023 & Happy New Year 2024

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