

One Plus One Makes Two

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: One Plus One - T. Holloway



Introduction: 24 counts

Section 1: CROSS POINT 3X, TOE IN OUT, STEP IN WITH KNEE POP

- 1-2 Step R foot crossing over L foot [1] - Point L toe to left side [2]
3-4 Step L foot crossing over R foot [3] - Point R toe to right side [4]
5-6 Step R foot crossing over L foot [5] - Point L toe to left side [6]
7&8 Tap L toe in next to R foot [7] - Tap L toe out to the left side [&] - Step on L foot next to R while Right knee pops diagonally right (R heel lifts off floor) [8]

Section 2: PRESS, KNEE WOBBLE, PUSH, BEHIND SIDE CROSS, UNWIND 3/4 TURN LEFT, SWEEP, BEHIND SIDE FRONT

- 1&2& Press R ball of foot diagonally right front with bent knee over toes [1] - R knee wobbles by turning in [&] - R knee recovers to right front diagonal [2] - Push off of R foot to recover weight on L foot [&]
3&4 Cross R behind L [3] - Step L to left side (&) - Cross R over L (4)
5-6 Unwind feet taking a 3/4 left turn keeping weight on balls of feet [5] - Sweep L toe from front to back [6] (3:00)
7&8 Cross L behind R (7); Step R to right (&); Step L forward (8)

Section 3: HIP BUMP STEP 4X - TURNING A FULL LEFT TURN

- 1-2 Tap R ball of foot front as bump Right hip [1] - Step onto R foot turning 1/2 left [2] (9:00)
3-4 Tap L ball of foot front as bump Left hip [3] - Step forward onto L foot [4]
5-6 Tap R ball of foot front as bump Right hip [5] - Step onto R foot turning 1/2 left [6] (3:00)
7-8 Tap L ball of foot front as bump Left hip [7] - Step forward onto L foot [8]

Section 4: POINT SWITCH 2X, POINT, HOLD, SNAP, SAILOR STEP 2X

- 1&2& Point R to right side [1] - Step R to center [&] - Point L to left side [2] - Step L to center [&]
3-4 Point R to right side [3] - Hold feet and snap fingers [4]
5&6 Cross right behind left (5) - Step left to left side (&) - Step right to center (6)
7&8 Cross left behind right (7) - Step right to right side (&) - Step left to center (8)

Begin again and ENJOY!