

The G.O.O.D. Dance (Get Out of Dodge)

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 2 級數: Improver
編舞者: ERIC DODGE (USA) & Sandy Carty Hodges (USA) - 2019
音樂: That Kind of Country Song - Eric Dodge



INTRO: 16 cts. NO TAGS / NO RESTARTS

SECTION ONE: RAMBLE RIGHT TOE/ HEEL TOUCHES

1-4 (using hips moving right, feet together) Swivel heels right, toes right, heels right, toes right.
5-8 (weight on right foot) Touch left heel out, touch left toe in, left heel out, left toe in.

SECTION TWO: RAMBLE LEFT, HEEL/ TOE TOUCHES,(USING SAME MOVEMENTS AS IN FIRST SECTION:)

1-4 (using hips, moving to the left, feet together) Swivel toes left, heels left, toes left, heels left.
5-8 (weight on left foot) touch right toe in, right heel out, right toe in, right heel out.

SECTION THREE: TRIPLE STEPS MOVING FORWARD R-L-R-L.

1&2,3&4 Triple R-L-R, triple L-R-L.
5&6,7&8 Triple R-L-R, triple L-R-L.

SECTION FOUR: RIGHT VINE, LEFT VINE 1/4 TURN LEFT

1-4 Step right to right, step left behind right, step right to right, touch left toe,
5-8 Step left to left, step right behind, step left to left making 1/4 turn left, touch right toe.

SECTION FIVE: RIGHT VINE , LEFT VINE

1-4 Step right to right, step left behind right, step right to right, touch left toe next to right foot.
5-8 Step left to left, step right behind left, step right to right, touch right toe next to left foot.

SECTION SIX: RIGHT JAZZ BOX TWICE WITH 1/4 TURN LEFT

1-4 Step right across left, step back on left, step back on right making 1/4 turn left, step on left foot.
5-8 Step right across left, step back on left foot, step back on right foot, step on left foot.

SECTION SEVEN: HIP SHAKES RIGHT AND LEFT

1-4 (moving to right) Step right to right shaking hips as you step left foot next to right.
5-8 (moving to the left) step left to left shaking hips as you step right foot next to left.

END OF DANCE, START AGAIN WITH A SMILE IN YOUR HEART

Last Update: 16 Dec 2023