

Just Lovin' In It

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sebastiaan Holtland (NL) - December 2023
音樂: Lovin' In It - Zac & George : (iTunes)



Intro: 16 counts, start approx 10 sec.

S1: [1-8] R Heel Grind in Place, R Back Rock, R ½ Shuffle Turn Back to L, L Back Rock.

1,2 RF heel grind fwd (1), LF recover (2).
3,4 RF rock back (3), LF recover (4).
5&6 RF ½ shuffle back to left (5&6).
7,8 LF rock back (7), RF recover (8).

S2: [9-16] L Heel Grind in Place, L Back Rock, L ½ Shuffle Turn Back to R, L Back Rock.

1,2 LF heel grind fwd (1), RF recover (2).
3,4 LF rock back (3), RF recover (4).
5&6 LF ½ shuffle back to right (5&6).
7,8 RF rock back (7), LF recover (8).

S3: [17-24] R Fwd, L Side Point, L Back, R Side Point, Cross Jazz Box ¼ R

1,2 RF step fwd (1), LF point out to left (2).
3,4 LF step back (3), RF point out to right (4).
5,6 RF step across LF (5), LF step back ¼ R (3.00) (6).
7,8 RF step right (7), LF step fwd (8).

S4: [25-32] Syncopated Fwd Rocks R, L ¼ R, L Back, R Side Hip Push, L Step Lock Step Fwd.

1,2 RF rock fwd (1), LF recover (2).
& RF step right ¼ R (6.00) (&).
3,4 LF rock fwd (4), RF recover (4).
5,6 LF step back (5), RF step right ¼ and push hip R (6).
7&8 LF step fwd (7), RF lock behind LF (&), LF step fwd (8).

REPEAT THE DANCE AND HAVE FUN!!
