

Beautiful Heart

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate NC
編舞者: Chandrani Eilena Emmiyan (INA) - December 2023
音樂: Beautiful Heart - Stevie Hoang



Intro: 18 Counts - No Tag

Restart : On wall 3, after 24 counts

Session 1 - BACK SWEEP-BEHIND- ¼ RIGHT FWD- PIVOT ½ RIGHT, CHAINE TURN WITH SWEEP ¾ RIGHT, STEP-TOUCH BEHIND- 4TH FIGURE-BACK SWEEP

- 1-2&3 Step R back while sweeping L to back, Step L close behind R, Turn ¼ to right & step R forward (3.00), Step L forward
- 4&5 Turn ½ to right & step R forward (9.00), Turn ½ to right & step L beside R (3.00), Turn ¾ to right & step R forward while sweeping L to front (12.00)
- 6&7-8 Step L forward, Touch R behind L, Step R back while hitching L & making 4th figure, Put L down while sweeping R to back

Session 2 - BACK SWEEP-COASTER STEP- STEP-FWD LUNGE, RECOVER-BACK- ¼ RIGHT TO SIDE, ¼ LEFT RECOVER- CHAINE TURN WITH SWEEP

- 1-2&3 Step R back while sweeping L to back, Step L back, Step R next to L, Step L forward
- 4-5 Step R forward, Step L forward while bending the knee
- 6&7 Recover onto R, Step L back, Turn ¼ to right & step R to right side look over right shoulder (3.00)
- 8&1 Turn ¼ to left & recover onto L (12.00), Turn ½ to left & step R beside L (6.00), Turn ½ to left & step L forward while sweeping R to front (12.00)

Session 3 - ½ DIAMOND FALL AWAY, BACK SLIDE-TOGETHER-INPLACE ACTION (CHANGE BODY WEIGHT)

- 2&3 Cross R over L, Step L to left side, Turn 1/8 to right & step R back (1.30)
- 4&5 Step L back, Turn 1/8 to right & step R to right side (3.00), Turn 1/8 to right & step L forward (4.30)
- 6&7-8 Step R forward, Turn 1/8 to left & step L to left side (6.00), Step R back while dragging L towards R, Step L next to R & point on R (prepare to slide to right side)

***RESTART: On wall 3 after 24 counts (session 3)**

Session 4 - BASIC NC, ¾ RIGHT SPIRAL-STEP- ½ RIGHT-BACK, ¾ CHAINE TURN WITH SWEEP

- 1-2&3 Step R to right side, Step L close behind R, Cross R over L, Turn ¼ to right & step L back then continue making spiral for the rest half turn (3.00)
- 4&5 Step R forward, Turn ½ to right & step L beside R (9.00), Step L back
- 6&7-8 Recover onto L, Turn ½ to left & step L beside R (3.00), Turn ¾ to left & step L forward while sweeping R to front then drag towards L (6.00)

Happy dancing

Dancing from the heart

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