

I Love My Body

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased High Improver
編舞者: Lee Hye Yeon (KOR) - December 2023
音樂: I Love My Body - HWASA (화사)



A-A-A16count-B-A-A-A16count-B-A-TAG1-B-TAG2-A

intro : 16 counts

A: 32c

Section 1 R1/8 Toe strut*2, Hully gully

1~2 R1/8 Touch RF toe Fwd, Step RF heel down
3~4 Touch LF toe Fwd, Step LF heel down
5~6 RF side step right, LF step next to the RF
7~8 RF side step right, LF touch next to the LF

Section 2 Behind jump 1/8 turn left, Step, Drag,out,out,in,in

&1~2 Behind jump step LF(&), RF touch beside LF(1), hold(2)
3~4 1/8 turn left LF big side step, RF drag beside LF
5~6 RF step side, LF step side
7~8 RF step center, LF step beside RF

Section 3 1/4Pivot turn left*2, Toe touch with hip bump*2

1~2 Step RF Fwd, 1/4 turn left recover weight LF
3~4 Steo RF Fwd, 1/4 turn left recover weight LF
5~6 touch RF Fwd with hip bump, Step RF beside LF
7~8 touch LF Fwd with hip bump, Step LF beside RF

Section 4 Step Fwd, Side touch, Back step, Side touch, Back*2, RF Fwd touch, Shimmy

1~2 RF Fwd step, LF side touch
3~4 Step RF behind LF, RF side touch
5~6 RF Back step, LF Back step
7~8 touch RF Fwd, Hold(Shimmy)

B: 32c

Section 1 walk*4, LF hip roll, up-down*2

1~2 Step RF Fwd, Step LF Fwd
3~4 Step RF Fwd, touch LF Fwd
5~6 Left hip roll anticlockwise(5~6)
&7&8 Left hip up, down, up, down

Section 2 Step, Big side point, Drag, Paddle R1/4

1~2 Step LF behind RF, RF big side point
3~4 Drag RF beside LF
5~6 Step RF cross over LF, touch LF side
7~8 1/8 turn right touch LF side, 1/8 turn right touch LF side

Section 3 Hitch, Hip up*3

1~2& Hitch LF Fwd, Left hip up, down
3&4 Left hip up, down, up
5~6 LF back step, RF Fwd touch
7~8 RF back step, LF Fwd touch

Section 4 Back rock recover, Shuffle step, 1/4 turn left step, touch*2

1~2 Rock back on LF, Recover RF
3&4 Fwd Stepping LF to LF
5~6 1/8 turn left step RF side, touch LF beside RF
7~8 1/8 turn left step LF side, touch RF beside LF

Tag1: Hip rolling, Shimmy(After 9wall)

1,2,3,4 hip Right rolling clockwise
5,6 Shimmy

Tag2: Hip bump, head up, Back in place(After 10wall)

1~2 RF side step bumping hips to the right, Step LF in place and bumping hips the left
3~4 Raise your head up, Head is back in place

Last Update: 18 Dec 2023
