

Out of Words

拍數: 32 牆數: 4 級數: Improver - Cha Cha
編舞者: Niels Poulsen (DK) - December 2023
音樂: What More Can I Say - Teddy Swims : (iTunes etc)



Intro: 16 counts from beginning of track. App.11 secs. into track. Start with weight on L foot

[1 – 9] R side rock, ¼ L flick R, fwd R, L step lock step, R rock fwd, shuffle ½ R

1 – 3 Rock R to R side (1), turn ¼ L recovering on L flicking R backwards (2), step R fwd (3) 9:00
4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 9:00
6 – 7 Rock R fwd (6), recover on L (7) 9:00
8&1 Turn ¼ R stepping R to R side (8), step L next to R (&), turn ¼ R stepping R fwd (1) 3:00

[10 – 16] Stomp L, HOLD, ball step RL fwd, monterey ¼ R into L side rock cross

2 – 3 Stomp L fwd (2), HOLD (3) 3:00
&4 Lock R behind L (&), step L fwd (4) 3:00
5 – 6 Point R to R side (5), turn ¼ R on L and step R next to L (6) 6:00
7&8 Rock L to L side (7), recover on R (&), cross L over R (8) 6:00

[17 – 24] Side R, together pop, fwd R, L mambo fwd, point R back, ½ R fwd R, ¼ R into L chasse

1 – 3 Step R to R side (1), step L next to R popping R knee fwd (2), step R fwd (3) 6:00
4&5 Rock L fwd (4), recover back on R (&), step back on L (5) 6:00
6 – 7 Point R back (6), turn ½ R stepping down on R (7) 12:00
8&1 Turn ¼ R stepping L to L side (8), step R next to L (&), step L to L side (1) 3:00

[25 – 32] R back rock, R chassé, time steps R&L

2 – 3 Rock back on R (2), recover on L (3) 3:00
4&5 Step R to R side (4), step L next to R (&), step R to R side (5) 3:00
6&7 Step L next to R (6), change weight to R (&), step L to L side (7) 3:00
8& Step R next to L (8), change weight to L (&) 3:00

START AGAIN

Tag After wall 3, facing 9:00, there's a 4 count tag: 12:00

[1 – 4] Sway RLR, step L next to R

1 – 4 Step R to R side swaying body R (1), sway body L (2), sway body R (3), step L next to R (4) 9:00

Ending: Comes on wall 7 which starts at 6:00. Finish the dance on count 17, facing 12:00 again