

Unbalance

拍數: 160 牆數: 2 級數: Phrased Intermediate
編舞者: Alice Cheong (MY) - December 2023
音樂: NEVER - Unbalance



Intro: 16 counts

A B1 B2 C1 C2 A** A B2 C1 C2** A B1 C2

NOTE: A** 25 - 32 after 1-4 do a jazzbox ½ turn R to face 6 o/c

C2** 25 - 32 RF step fwd (1) Hold (2), LF Step fwd (3) Hold (4) Walk fwd (5,6) pivot half turn L(7,8)

Part A:

[1-8] Walk Hold Walk Hold, Kick Out out, Swivel

1-4 (1) Step RF fwd,(2) hold,(3) Step LF fwd,(4) hold
5&6 (5) Kick RF fwd,(&) Step R to R,(6) Touch LF
7&8 (7) Hold (&8) swivel LF out in

[9-16] Left sailor, Kick & 1/4 R Flick, 1/2 L sweep

1&2 (1) Step LF behind RF,(&) step RF to R,(2) Step L to L
3&4 (3) Kick RF across L (&)step RF down (4)Flick LF ¼ to R
5-8 Step LF fwd (5) sweep RF ½ turn L (6,7) Touch RF down,(8)

[17-25] Rock upper body front and back Jazzbox 1/4R

1-4 (1) Rock body fwd, back(2),fwd(3),back(4)
5-8 (5) Cross RF over L(6) step LF behind,1/4R,(7)Step RF to R side,(8) LF cross LF over RF

[25-32] Recover RF back walk turn Full turn L, Ball-Step, Hold and Walk RL fwd

1-4 Step RF back (1), Step LF(2) 1/4 turn L, Step RF (3) 1/4L, Step LF(4) 1/2L cross LF over RF
&56 (&)Step RF, Step LF to L (&5) Hold (6)
78 Walk fwd RF(7) LF(8)

Part B1

[1-8] RF fwd Mambo, LF back Mambo, RF side Mambo, LF side Mambo

1&2 Step RF fwd (1) LF recover back (&) step RF back(2)
3&4 Step LF back (3) RF recover fwd (&) step LF fwd (4)
5&6 Step RF to R (5) LF recover (&) step RF tog. (6)
7&8 Step Lf to L (7) RF recover (&) step LF tog (8)

[9-16] Jazz box , RF ½ Paddle L

1-4 Step RF crossover LF(1), Step back LF(2)Step Step RF to side(3) LF crossover RF (4)
5-8 Touch RF to R,paddle (5-8)

[16-32] repeat PART B1(1-16)

Part B2

[1-8] Locked Steps diagonal R,Locked Step diagonal L,Step Back RL, Jazzbox ,Hip Roll

1-4 (1)Step RF to diagonal R(1.30) Step LF tog (2) Step RF to diagonal R(3) Step LF Tog(4)
5-8 (5) Step LF to diagonal L(10.30) Step RF tog(2) Step LF to diagonal L(3) Step RF Tog(4)

[9-16]

1-2 (1) Step RF to diagonal back(4.30), Touch LF to RF(2)

3-4 (3) Step LF to diagonal back (7.30), Touch RF to LF(4)
5-8 (5) Step RF to R, Cross LF over RF (6) Step RF behind LF(7) Step LF to L (8)

[17-25]

1-4 (1) Point RF to R side, Hold (2) Hip roll to R (3,4)
5-8 (5) Cross RF over L(5),unwind half turn L in (6,7,8)

[25-32]

1-4 (1) Point LF To L side, Hold(2) Hip roll to L (3,4)
5-8 (5) Cross LF over R(5), unwind half turn R(6,7,8)

PART C1

[1-8] Shuffle diagonal R, Out Out Hold,Shoulder Pop, Rpt L, ¾L,Walk, Pivot 1/2

1-4 Shuffle RF to diagonal R (1&2) Shuffle LF to diagonal R (3&4) facing 1.30
5-8 Step RF,LF out out(&5)Hold (6) Shoulder pop, R shoulder down,up,down (7&8)

[9-16]

1-4 Shuffle Lf to diagonal L(1&2) Shuffle RF to diagonal L(3&4) facing 10.30
5-8 Step LF,RF out out (&5) Hold (6) Shoulder Pop down, up, down (7&8)

[17-25]

1-4 3 /8L, Shuffle RF back,(1&2)LF shuffle back(3&4)
5-8 Step RF,LF out, out (&5) Hold(6) Shoulder Pop (7&8)

[25-32]

1-8 Step RF fwd (1) and continue to walk fwd 5 steps ending with LF (6), Step RF fwd (7) pivot half turn L (8)

PART C2

[1-8] Chasse R,1/2 Chasse L,1/2 Step RL,Jump, Rpt L,1/4R ½ R, Hold, Jump, Step, Hold, Step,Hold,V step,Knee Pop

1-4 (1&2) Chasse RF To R diagonal (1.30) ,Chasse LF ½ turn (3&4) to L diagonal (1.30)
5-8 (5,6) Step ½ RF to R ,Step LF tog, Jump (7&8) with hands up

[9-16]

1-4 (1&2) Chasse LF To L diagonal (10.30), Chasse RF ½ turn (3&4) to R diagonal (10.30)
5-8 (5,6) Step ½ turn L to L, Step RF tog, Jump (7&8) with hands up

[17-25]

1-4 (1&2) Chasse RF 1/4 R to (6o/c), continue Chasse LF(3&4) ½ turn R to face 12o/c
5-8 (5,6) Step RF, LF out out, Jump (7&8)

[25-32]

1-4 Step RF fwd(1) Hold (2), Step LF fwd (3) Hold (4)
5-8 (V Steps) Step RF to R, Steps LF to L (5&), Sep RF back, LF back tog (6&), Knee Pop Out and down (7&) pop R knee out and snap finger (8)
