

Call Me Up

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Oli Geir (ICE) & Hugrun (ICE) - December 2023
音樂: The Invisible Man - Dance With a Stranger



Start Dance on First Beat (right after "So nice to meet you here" In Lyric)

[1-8] Chasse R. Back Rock. Step Side, Behind. Chasse ¼ Turn L

1&2 Step R to side, step L beside R, step R to side.
3-4 Rock back on L, recover on R.
5-6 Step L to side, step R behind L.
7&8 Step L to side, step L beside R, turn ¼ left stepping fwd on L. (9)

[9-16] Step Pivot ¼ Turn L. Cross Chuffle. Side Toe Strut, Cross Toe Strut.

1-2 Step fwd on R, pivot ¼ turn left. (6)
3&4 Step R across L, Step L to side, step R across L.
5-8 Touch L toe to left side, drop L heel. Touch R toe across L, drop R heel.

[17-24] Side Rock. Step Behind, Side, Cross. Side Rock ¼ Turn R. Step 1/1 Turn L.

1-2 Rock L to side, recover on R.
3&4 Step L behind R, step R to side, step L across R.
5-6 Rock R to side, ¼ turn left recover weight on L. (3)
7-8 Turn ½ turn left stepping back on R, turn ½ turn left stepping forward on L. (3)

(Optional no turning: walk fwd on R, walk fwd on L)

[25-32] Rocking Chair. Step Pivot ¼ L. Cross Chuffle.

1-4 Rock fwd on R, recover on L. Rock back on R, recover on L.
5-6 Step fwd on R, pivot ¼ turn left. (12)
7&8 Step R across L, step L to side, step R across L.

[33-40] Chasse L. Back Rock. Step Side, Behind. Chasse ¼ Turn R.

1&2 Step L to side, step R beside L. Step L to side.
3-4 Rock back on R, recover on L.
5-6 Step R to side, step L behind R.
7&8 Step R to side, Step L beside R. turn ¼ right stepping fwd on R. (3)

[41-48] Step Pivot ¼ Turn R. Cross Chuffle. Side Toe Strut, Cross Toe Strut.

1-2 Step fwd on L, pivot ¼ turn right. (6)
3&4 Step L across R, Step R to side, step L across R.
5-8 Touch R toe to right side, drop R heel. Touch L toe across L, drop L heel.

[49-56] Side Rock. Sailor ¾ Turn R. Step Pivot ½ Turn R. Shuffle Forward.

1-2 Rock R to side, recover on L
3&4 ¼ turn right step back on R, ¼ turn right stepping L to side, ¼ turn right stepping R in place
(3)
5-6 Step fwd on L, pivot ½ turn right. (9)
7&8 Step fwd on L, step R beside L, step fwd on L.

[57-64] Rock Fwd. Shuffle ½ Turn R. Step Pivot ¼ Turn R. Cross Chuffle.

1-2 Rock fwd on R, recover on L.
3&4 Step R into shuffle ½ turn right, stepping R, L, R. (3)
5-6 Step fwd on L, pivot ¼ turn right. (6)
7&8 Step L across R, Step R to side, Step L across R.

Start Again, Enjoy & Happy Dancing

Last Update: 20 Apr 2024
