

Overdrive

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - December 2023
音樂: Overdrive (feat. Norma Jean Martine) - Ofenbach : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 32 counts)

[S1] Side Rock, Step-Heel Swivel, Back Rock, Step-Heel Bounce w/ Hitch 1/4R

1 2 Rock R to the side, Replace weight on L
3&4 Step forward on R, R heel swivel to the right, Replace to the centre weight on L
5 6 Rock back on R, Replace weight on L
7&8& Step forward on R, R heel bounce up-down (&8), Make a ¼ turn right on ball of R foot/hitch L knee (3:00)

[S2] Side Rock, Step-Heel Swivel, Back Rock, Step-Heel Bounce

1 2 Rock L to the side, Replace weight on R
3&4 Step forward on L, L heel swivel to the left, Replace to the centre weight on R
5 6 Rock back on L, Replace weight on R
7&8 Step forward on L, L heel bounce up-down weight ends on L (&8)

[S3] Fwd Rock-1/2R Shuffle Fwd, Step-Pivot 3/4R-Side Shuffle

1 2 Rock forward on R, Replace weight on L
3&4 Making a ½ turn right shuffle forward on R-L-R (9:00)
5 6 Step forward on L, Make a ¾ turn right recover weight on R (6:00)
7&8 Side shuffle to the left on L-R-L

[S4] Touch-Unwind 1/2R, Side Shuffle, Cross-Unwind 1/2L w/ Hitch, Fwd Shuffle

1 2 Touch R behind L, Unwind ½ turn right weight ends on R (12:00)-push to the left
3&4 Side shuffle to the left on L-R-L
5 6 Touch/cross R over L, Unwind ½ turn left weight ends on R/hitch L knee (6:00)
7&8 Shuffle forward on L-R-L

No tags or restarts.

Ending suggestion: The last wall ends facing 6:00. Step-Pivot 1/2L turn to the front.

(updated: 12/Dec/23)