You Are Number One for Me

級數: High Beginner

編舞者: Mei Lestari (INA) - December 2023

音樂: Number One For Me - Maher Zain

7&8

拍數: 32

S1. WALK FORWARD, FORWARD MAMBO, COASTER STEP, PIVOT 1/4 TURN L

- 1,2 Step RF forward, step LF forward
- 3&4 Rock RF forward, recover on LF, step RF back
- 5&6 Step LF back, close RF next to LF, step LF forward
- 7,8 Step RF forward, ¼ turn L weight on LF

S2. CROSS, BACK-SIDE-CROSS, BACK-SIDE, FORWARD ROCK, ½ TURN R SHUFFLE

- 1,2& Cross RF over LF, step LF back, step RF to R
- 3,4& Cross LF over RF, step RF back, step LF to L
- 5,6 Rock RF forward, recover on LF
 - 1/4 turn R step RF to R, close LF next to RF, 1/4 turn R step RF forward

*Modified Restart here on Wall 3 & Wall 9, step LF together (&) and than restart from begin

S3. SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND-SIDE-CROSS

- 1,2 Rock LF to L, recover on LF
- 3&4 Cross LF over RF, step RF to R, cross LF over RF
- 5,6 Rock RF to R, recover on LF
- 7&8 Cross RF behind LF, step LF to L, cross RF over LF

S4. MONTEREY ¼ TURN L, CHASE TURN ½ L, FORWARD ROCK, COASTER STEP

- 1,2 Touch LF to L, ¼ turn L step LF beside RF
- 3&4 Step RF forward, ½ turn L weight on LF, step RF forward
- 5,6 Rock LF forward, recover on RF
- 7&8 Step LF back, close RF next to LF, step LF forward

Note : Restarting changes direction/Wall

Have Fun....





牆數:::

牆數:2