

Charleston Mama

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Roosamekto Mamek (INA) - December 2023
音樂: Ayo Mama - Deredia



Intro: 8 Count (approximately 0:07)

TAG : On wall 6 after 24 counts

S1. DIAGONAL FORWARD LOCK SHUFFLE, JAZZBOX CROSS TURN 1/4 RIGHT

1&2 Step R diagonal forward – Lock L behind R – Step R diagonal forward (12:00)
3&4 Step L diagonal forward – Lock R behind L – Step L diagonal forward
5-8 Cross R over L – Turn ¼ right step L back – Step R to side – Cross L over R (3:00)

S2. HEEL TOUCHES, COASTER STEP

1-2 Touch R heel diagonal forward (2X) (3:00)
3&4 Step R back – Step L together – Step R forward (slightly cross over L)
5-6 Touch L heel diagonal forward (2X)
7&8 Step L back – Step R together – Step L forward (slightly cross over R)

S3. CHARLESTON STEP, PADDLE TURN 1/4 LEFT (2X)

1-4 Touch R toes forward – Step R back – Touch L toes back – Step L forward (3:00)
5-8 Step R forward – Turn ¼ left weight on L (12:00) – Step R forward – Turn ¼ left weight on L (9:00)

S4. FORWARD, TOUCH, BACK, TOUCH, ROCKING CHAIR

1-4 Step R forward – Touch L to side – Step L back – Touch R to side (9:00)
5-8 Rock R forward – Recover on L – Rock R back – Recover on L

REPEAT

TAG: On wall 6 after 24 counts

JAZZBOX

1-4 Cross R over L – Step L back – Step R to side – Step L forward

For more info about step sheet & song, please contact:

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