Sunny Daze



拍數: 56 牆數: 1 級數: Improver

編舞者: Michael Dye (USA) - August 2014

音樂: Sunny and 75 - Joe Nichols: (CD: Crickets)



Intro: 32 counts (15 secs) Start on Vocals. 1 Short, 1 Restart Sequence: A B C D C, A B C D C, A(Short) B C D C, A B C, Restart

[A Section]

Forward Lock Step, Forward Lock Step

1-2 Left forward, lock Right behind Left

3-4 Left forward, hold

5-6 Right forward, lock Left behind Right

7-8 Right forward, hold

Forward Lock Step, Back Step, Back Step

9-10 Left forward, lock Right behind Left

11-12 Left forward, hold

13-14 Right back, step Left next to Right 15-16 Left back, step Right next to Left

[17-32 Repeat 1-16 beginning with Right]

[B Section]

Side Rock Recover L, Triple Step, Side Rock Recover R, Triple Step

1-2 Rock Left to L, recover on Right

3&4 Left in place, Right in place, Left in place

5-6 Rock Right to R, recover on Left

7&8 Right in place, Left in place, Right in place

Forward Rock Recover, Triple Step, Back Rock Recover, Triple Step

9-10 Rock Left forward, recover on Right11&12 Left in place, Right in place, Left in place

13-14 Rock Right back, recover on Left

15&16 Right in place, Left in place, Right in place

[Section C]

Shuffle Forward, ½ Pivot turn, Sailor Step, Sailor Step

1&2 Forward Left, Right next to Left, forward on Left

3-4 Forward on Right, pivot ½ L

5&6 Left behind Right, Right to R, Left to L
7&8 Right behind Left, Left to L, Right to R

[9-16 Repeat 1-8] NOTE**Count 16 end of Sailor is Right Touch, weight on Left, only when going into section D

[Section D]

Side Rock Recover R, Crossing Triple, Step Drag, Step Drag

1-2 Rock Right to R, recover on Left

3&4 Cross Right over Left, Left to L, cross Right over Left

5-6 Step Left L, Right next to Left7-8 Step Left L, Right next to Left

Side Rock Recover L, Crossing Triple, Step, Step, Shuffle Step (Full Turn)

9-10 Rock Left to L, recover on Right

11&12 Cross Left over Right, Right to R, cross Left over Right

13-14 Right ¼ turn to R, Left ¼ turn to R

15&16 (15)Right ¼ turn to R, (&)Left next to Right ¼ turn, (16)forward on Right (To 12:00)

[Repeat Section C]

Cycle 1 As Written

Cycle 2 As Written

Cycle 3 [Short] Section A 16 counts

NOTE** Counts 15-16 Left step, Right step, weight on Right, continue with sections as written

Cycle 4 [Restart] Sections A-C as written, Restart Section A until end of song (32 counts)

[Snap fingers keeping count as music fades.]

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