

Vikings

拍數: 32 牆數: 4 級數: High Improver
編舞者: Henrik Grønvold (NOR) - December 2023
音樂: Valhalla Calling - Miracle of Sound



Section 1 Vine L Starting With Cross Step, Hitch, Vine R Starting With Cross Step, Hitch, Cross Step Side, Behind Side Touch

1&2 Cross RF over LF, step LF to L, step RF behind LF & hitch R knee
3&4 Cross LF behind RF step RF to R cross LF over RF & hitch R knee
5,6 Step RF over LF, step LF to L
7&8 Step RF behind LF, step LF to L, touch RF beside LF

Section 2 Scuff, Rock Step Back, Scuff, Rock Step Back, Side Cross Step, Slide R

1&2& Scuff RF forward, step RF beside LF, step RF back weight forward onto RF
3&4& Scuff LF forward, step LF beside RF, step RF back weight onto LF
5,6 Step RF to R side, step LF behind RF
7,8 Make a large step to th R with RF, drag LF slightly up to RF & touch LF beside RF

Section 3 Syncopated Dorothy Step Forward, Step ¼ Turn, Step 1/8 Turn, Syncopated Walk's Forward

1&2& Step LF Forward, step RF behind LF, step LF forward, step RF forward
3&4 Step LF behind RF, step RF forward, step LF forward
5,6 Step RF 1/4 turn to R (face 03:00), make 1/8 turn to R stepping LF in front of RF (face 04:30)
7&8 Step RF 1/8 turn to R (face 06:00), step LF forward step RF forward

Section 4 Syncopated Dorothy Step Forward, Pivot ½ turn L, Point R, ¼ Turn L Point R

1&2& Step LF Forward, step RF behind LF, step LF forward, step RF forward
3&4 Step LF behind RF, step RF forward, step LF forward
5,6 Step RF forward, pivot ½ turn L weight onto LF (Face 12:00)
7,8 Point RF out R, make ¼ turn L point RF out R

Enjoy.

Wall 3 Bridge: On wall 3 dance the first 16 counts do the 4 count bridge then start from section 3 (Dorothy Steps)

Vine L

1,2,3,4 Step LF to L, step RF behind LF, step LF to L, step RF beside LF (weight on RF)

Wall 5 Bridge: On the end on wall 5 do the 4 count bridge then start from section 3 (Dorothy Steps)

Pivot ½ Turn L, Step ¼ turn L

1,2,3,4 Step RF forward, pivot ½ turn L, step RF forward, make ¼ turn L ending with weight on RF (face 12:00)

Ending: Dance the first 4 counts in section 1 and turn ¼ to L Facing 12:00 on count 4.