

Joget Nasi Padang

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Goyang Nasi Padang - Duo Anggrek



Intro 64 counts

S1 ROCKING CHAIR - SIDE - CLOSE - SIDE - CLOSE TOUCH

1-2 Step R forward, recover on L
3-4 Step R backward, recover on L
5-6 Step R to side, close L beside R
7-8. Step R to side, close touch L beside R

S2 ROCKING CHAIR - SIDE - CLOSE - SIDE - CLOSE TOUCH

1-2 Step L forward, recover on R
3-4 Step L backward, recover on R
5-6 Step L to side, close R beside L
7-8. Step L to side, close touch R beside L

S3. TOE STRUTS (RL) - FORWARD ROCK - 1/4 TURN RIGHT - SIDE - CLOSE TOUCH

1-2 Touch R toe forward, drop R heel inplace
3-4. Touch L toe forward, drop L heel inplace
5-6 Step R forward, recover on L
7-8. 1/4 turn right step R to side (03.00), close touch L beside R

S4. FORWARD - CLOSE TOUCH - BACK - CLOSE TOUCH - FORWARD TOUCH - HIP BUMP RLRLR - DROP HEEL IN PLACE

1-2 Step L forward, close touch R beside L
3-4 Step R backward, close touch L beside R
5&6 Touch L forward bump hip to R, bump hip to left, bump hip to right
&7-8 bump hip to L, bump bip to R, drop L heel inplace

Option

S4 (5-8) SIDE - SWAY - HITCH

5-6-7-8 Step L to side with sway hip to left, sway hip to right, sway hip to left, lift up R knee

Tag 8 counts (After 5th walls, facing 03.00)

(PIVOT 1/2 - FORWARD - HOLD) RL

1-2 Step R forward, 1/2 turn left recover on L
3-4. Step R forward, hold
5-6. Step L forward, 1/2 turn right recover on R
7-8 Step L forward, hold

Enjoy the dance

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