

Stuck in my Ways

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Roger (leftfoot) Hunter (USA) - December 2023
音樂: Stuck In My Ways - Lauren Watkins



Intro: 16 cts No tags or restarts

S1) Rock Recover Shuffle Back Coaster Step Heel Ball Step

1-2 3&4 rock forward on R(1)recover on L(2)step back on R(3) step L next to R(&)step back on R(4)
5&6 7&8 step back on L(5)step back on R(&)step L forward(6) touch R heel forward(7)step back on
ball of R(&)step L forward(8)

S-2) Side Rock Cross & Cross Shuffle ¼ Left Cross Side Heel

1-2 3&4 rock R to side(1)recover on L(2)cross R over left(3) step L to L(&)cross R over L(4)
5&6 7&8 step L to L ¼ turn L(5)(9:00))step R next to L(&)step L forwardL(6) cross R over L(7)step L to
L(&)touch R heel forward on diagonal(8)(10:30)

S-3) Back Cross Side Together Cross, Shuffle Left 1/8 Turn Left, Shuffle Right making 1/4 Turn Left

1-2 3&4 step back on R(1)cross L over R(2)step R to R(3) step L next to R(&)cross R over L on
diagonal(4)(7:30)
5&6 7&8 step L to L ⅛ turn L(5)step R next to L(&)step L forward(6)(6:00) step R forward ¼ turn
L(7)step L next to R(&)step R to R(8)(3:00)

S-4)Behind Side Shuffle Forward Step ½ Step Shuffle Forward

1-2 3&4 step L behind R(1)step R to R(2)step L forward(3) step R next to L(&)step L forward(4)
5&6 7&8 step R forward(5)pivot ½ turn L on L(&)(9:00)step R forward(6) step L forward(7)step R next
to L(&)step L forward(8)

Last Update: 10 Dec 2023