

All Out of Fight

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Sebastiaan Holtland (NL) - December 2023
音樂: All Out Of Fight - P!nk



Intro: Slow 04 cts start approx (0:04 secs).

S1: [1-8] Side Behind Side, Cross-Hitch R, Cross, Side, Rock back, Recover-Sweep, Cross Side Back.

1,2& RF step R (1), LF step behind RF (2), RF step R (&).
3 LF step fwd and hitch R knee up (3).
4&5 RF cross over LF (4), LF step L (&), RF rock back (5).
6 LF recover forward and RF sweep forward from back to front (6).
7&8 RF cross over LF (7), LF step left (&), RF step back (8). (12.00).

S2: [9-16] L Behind, R Sweep Back, R Replace, L Sweep, Weave R.

1,2 LF step behind RF and sweep Rf from front to back (1), RF Replace and sweep LF from front to back (2).
3&4 LF step behind RF (3), RF step right (&), LF step across RF (4).
5,6 R hip sway right (5), L hip sway left (6).
7,8 R hip sway right (7), L hip sway left (8).

(NB Restart here in wall 3 after 16 cts, after start again (facing 12' o'clock).

S3: [17-24] R Side, L Rock behind, L Side, R Rock Behind ¼ L, R Basic Nightclub, L Side, R Touch Together L.

1,2& RF step right (1), LF rock behind Rf (2), RF recover (&).
3 LF step left (3).
4& RF rock behind LF (4), LF recover ¼ left (9.00) (&).
5,6& RF bigstep right (5), LF step beside RF (6), RF step across LF (&).
7,8 LF step left (7), RF touch beside Lf (8).

S4: [25-32] R Fwd Coaster Step, R Diamond ¼ L, L Half Syncopated Rumba Box.

1&2 RF step fwd (1), LF step beside RF (&), RF step back (2).
3&4 LF step fwd (3), RF step right 1/8 left (7.30) (&), LF step back (4).
5&6 RF step back (5), LF step left ¼ L (6.00) (&), RF step fwd (6).
7&8 LF step left (7), RF step beside LF (&), LF step fwd (8).

REPEAT THE DANC AND HAVE FUN !!