

Not Just Anybody

拍數: 64 牆數: 4 級數: Improver
編舞者: Daniel Exton (UK) - December 2023
音樂: Everybody - Hear'Say



S1: Vine R, Out, In, Out, In

1, 2 Right to Right side, Left behind Right
3, 4 Right to Right side, Touch Left next to Right
5, 6 Touch Left to Left side, Touch Left next to Right
7, 8 Touch Left to Left side, Touch Left next to Right

S2: Vine ¼, Brush, Rocking Chair

1, 2 Left to Left side, Right behind Left
3, 4 Left foot forward with ¼ turn Left, Brush Right forward
5, 6 Rock forward on Right, Recover onto Left
7, 8 Rock Back on Right, Recover onto Left

S3: Slow Box Forward, Slow Box Back

1, 2 Right to Right side, Left next to Right
3, 4 Right foot forward, Hold for 1 count
5, 6 Left foot to Left side, Right foot next to Left
7, 8 Left foot back, Hold for 1 count

S4: (Back, Clap x2) x2, R/R, Kick Ball Change

1&2 Right foot back, Clap twice
3&4 Left foot back, Clap twice
5, 6 Rock back on Right, Recover onto Left
7&8 Kick Right foot, Right next to Left, Left next to Right

Restarts: Walls 2 and 4 after 32 counts

S5: Step-Lock-Step, Touch, Step-Lock-Step, Brush

1, 2 Right foot forward, Left behind Right
3, 4 Right foot forward, Touch Left next to Right
5, 6 Left foot forward, Right behind Left
7, 8 Left foot forward, Brush Right forward

S6: Cross Rock, Recover, Side Rock, Recover, Behind Rock, Recover ¼, Walk x2

1, 2 Cross Rock Right over Left, Recover onto Left
3, 4 Rock Right to Right side, Recover onto Left
5, 6 Rock Right behind Left, Recover onto Left with ¼ turn Right
7, 8 Walk forward Right, Left

S7: Step, ¼, Walk x2, Step ¼, Walk x2

1, 2 Right foot forward, ¼ turn Left
3, 4 Walk forward Right, Left
5, 6 Right foot forward, ¼ turn Left
7, 8 Walk forward Right, Left

S8: R/R, Shuffle ½ x2, Rock Back, Recover

1, 2 Rock forward on Right foot, Recover onto Left
3&4 ½ turn over Right shoulder shuffling Right-Left-Right
5&6 ½ turn over Right shoulder shuffling Left-Right-Left

7, 8 Rock back on Right foot, Recover onto Left

Restarts: Walls 2 and 4 after 32 counts
