

# It Feel So Long

**COPPER** KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Annette Haslund (DK) - December 2023  
音樂: Why's It Feel So Long - Keith Urban



## Intro (32 count)

### R SIDE ROCK CROSS, L CHASSE, R CROSS ROCK, R CHASSE ¼ TURN

1 – 3      Rock R to R side, recover on L, cross R over L  
4&5      Step L to L side, step R beside L, step L to L side  
6 – 7      Cross rock R over L, recover on L  
8&1      Step R to R side, step L beside R, make at ¼ turn R stepping R fwd (3:00)\*

### L ROCK STEP, L SHUFFLE BACK, WALK BACK RL, R COASTER STEP

2 – 3      Rock L fwd, recover on R  
4&5      Step L back, step R beside L, step L back  
6 – 7      Walk back R and L  
8&1      Step R back, step L beside R, step R fwd (3:00)

### STEP ¼ TURN, L CROSS SHUFFLE, R SIDE ROCK, BEHIND SIDE CROSS

2 – 3      Step L fwd, make a ¼ R putting weight on R  
4&5      Cross L over R, step R to R side, cross L over R  
6 – 7      Rock R to R side, recover on L  
8&1      Cross R behind L, step L to L side, cross R over L (6:00)

### HOLD, BALL CROSS, HOLD, BALL JAZZ BOX CROSS

2      Hold  
&3      On ball of L step L to L side, cross R over L  
4      Hold  
8&5-8      On ball of L step L to L side, cross R over L, step L back, step R to R side, cross L over R (6:00)\*\*

## DANCE AND ENJOY

### TAG 1 \* Wall 3 dance the first 9 counts to 8&1

#### STEP ½ TURN, SHUFFLE ½ TURN, BACK ROCK, ¼ SIDE TOGETHER

2 – 3      Step L fwd, ½ turn R (weight on R)  
4&5      ¼ R stepping L to L side, step R beside L, ¼ R stepping back on L  
6 – 7      Rock R back, recover on L  
8&      (1) ¼ L stepping R to R side, step L beside R, (step R to R side)

Start the dance again on (1) ... Note: 8&1 = ¼ chasse

### TAG 2&3 \*\* After wall 5 (12:00) & 6 (6:00) add

#### SIDE ROCK, BACK ROCK

1 – 4      Rock R to R side, recover on L, rock R back, recover on L

Start the dance again

ENDING: Wall 11 ends at 12:00: You can hear the music till count 32, but you can stop after count 27 (& cross)

Contact: ahfpost-dance@yahoo.dk

