

# Lao' a Lao' Bachata

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: High Beginner  
編舞者: Penny Tan (MY) - December 2023  
音樂: Lao' a Lao' - Prince Royce



## Intro 16C

### \*Tag (4C) after W5 – facing 6:00

1-4                      Touch RF on R ,bump hip up down up down

### Restart on W9 after 16C – facing 6:00

#### SEC1: SWEEP & STEP BACK, TOUCH (R-L) ,WALK WALK ,FWD SHUFFLE

1-2                      Sweep RF to back & step on R , touch LF slightly fwd  
3-4                      Sweep LF to back & step on L , touch RF slightly fwd  
5-6                      Walk fwd R , walk fwd L  
7&8                      Fwd shuffle R-L-R

#### SEC2:BACK ROCK , RECOVER , SIDE , TOUCH,1/4 TURN R , FWD WITH SWEEP , ¼ TURN R TOUCH , SIDE , TOUCH

1-2                      Step LF behind RF ,recover on R  
3-4                      Step LF to L side,touch RF next to LF  
5-6                      ¼ turn R ,step RF fwd with sweep LF from back to front , 1/4 turn R , touch LF beside RF  
7-8                      Step LF to L ,touch RF next to LF

#### SEC3:BASIC BACHATA, SWAYS, TOUCH

1-4                      Step RF to R,step LF next to RF, step RF to R ,touch LF next to RF  
5-8                      Step LF to L with sway L-R-L , touch RF next to LF

#### SEC4:SIDE ROCK, RECOVER ,CROSS SHUFFLE, SIDE ,TOUCH , HIPS BUMP

1-2                      Rock RF to R ,recover on L  
3&4                      Cross RF over LF ,step LF to L ,cross RF over LF  
5-6                      Step LF to L ,touch RF next to LF  
7-8                      Hip bump up & down

Have fun and happy dancing.

Last Update: 6 Dec 2023