

# Jingle Bell Rock

**COPPER** **KNOB**  
BY STEPHEN HETS

拍數: 32      牆數: 1      級數: Beginner  
編舞者: Wayne Williams (CAN) - December 2023  
音樂: Jingle Bell Rock - Bobby Helms



Adaptation of my TAKE IT BACK dance

**NO TAGS, NO RESTARTS**

(Begin on Vocal)

## **LINDY LEFT; LINDY RIGHT**

1&2      Shuffle side left, left-right-left  
3-4      Rock back on Right, recover on Left  
5&6      Shuffle side right, right-left-right  
7-8      Rock back on Left, recover on Right

## **SHUFFLE FORWARD LEFT AND RIGHT; MAKE TWO ¼ PIVOTS RIGHT**

9&10      Shuffle forward left-right-left  
11&12      Shuffle forward right-left-right  
13-14      Step forward on Left foot and pivot ¼ R, placing weight on Right foot (swaying hips)  
15-16      Step forward on Left foot and pivot another ¼ R, placing weight on Right foot (swaying hips)  
(6:00)

## **SHUFFLE FORWARD, ROCK FORWARD AND BACK; SHUFFLE BACK, ROCK BACK AND FORWARD**

17&18      Shuffle forward left, right, left  
19-20      Rock forward on Right foot, recover on Left foot  
21&22      Shuffle back right, left, right  
23-24      Rock back on Left foot, recover on Right foot

## **SHUFFLE FORWARD LEFT AND RIGHT; MAKE TWO ¼ PIVOTS RIGHT**

25&26      Shuffle forward left-right-left  
27&28      Shuffle forward right-left-right  
29-30      Step forward on Left foot and pivot ¼ R, placing weight on Right foot (swaying hips)  
31-32      Step forward on Left foot and pivot another ¼ R, placing weight on Right foot (swaying hips)  
(12:00)

**REPEAT**

Last Update - 5 Dec. 2023 - R1

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