

Jingle Bell Rock

COPPER **KNOB**
BY STEPHEN HETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Wayne Williams (CAN) - December 2023
音樂: Jingle Bell Rock - Bobby Helms



Adaptation of my TAKE IT BACK dance

NO TAGS, NO RESTARTS

(Begin on Vocal)

LINDY LEFT; LINDY RIGHT

1&2 Shuffle side left, left-right-left
3-4 Rock back on Right, recover on Left
5&6 Shuffle side right, right-left-right
7-8 Rock back on Left, recover on Right

SHUFFLE FORWARD LEFT AND RIGHT; MAKE TWO ¼ PIVOTS RIGHT

9&10 Shuffle forward left-right-left
11&12 Shuffle forward right-left-right
13-14 Step forward on Left foot and pivot ¼ R, placing weight on Right foot (swaying hips)
15-16 Step forward on Left foot and pivot another ¼ R, placing weight on Right foot (swaying hips)
(6:00)

SHUFFLE FORWARD, ROCK FORWARD AND BACK; SHUFFLE BACK, ROCK BACK AND FORWARD

17&18 Shuffle forward left, right, left
19-20 Rock forward on Right foot, recover on Left foot
21&22 Shuffle back right, left, right
23-24 Rock back on Left foot, recover on Right foot

SHUFFLE FORWARD LEFT AND RIGHT; MAKE TWO ¼ PIVOTS RIGHT

25&26 Shuffle forward left-right-left
27&28 Shuffle forward right-left-right
29-30 Step forward on Left foot and pivot ¼ R, placing weight on Right foot (swaying hips)
31-32 Step forward on Left foot and pivot another ¼ R, placing weight on Right foot (swaying hips)
(12:00)

REPEAT

Last Update - 5 Dec. 2023 - R1