

Life Never Slows Down

拍數: 32 牆數: 4 級數: Improver
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音樂: SOME THINGS NEVER CHANGE - James Johnston & Zac & George



Intro: 8c

Dorothy x2 rock recover behind side cross

1-2& step R fwd slightly diagonally, step L behind R, step L fwd slightly diagonally
3-4& step L fwd slightly diagonally, step R behind L, step R fwd slightly diagonally
5-6 rock R to R side, recover onto L
7&8 step R behind L, step L to L side, cross R over L

Rock recover, behind side fwd, step turn ½ shuffle ½

1-2 rock L to L side, recover onto R
3&4 step L behind R, step R to R side, step fwd on L
5-6 step fwd on R and turn ½ to the left (weight on L)
7&8 step back on R turning ½ to the left, step L next to R, step back on R

(Here on wall 3, instead of the shuffle ½ do another step turn ½ and start again)

Coaster step, cross samba x2, cross step ¼

1&2 step back on L, step R next to L, step fwd on L
3&4 cross R over L, rock L to L side, recover onto R
5&6 cross L over R, rock R to R side, recover onto L
7-8 cross R over L, step back on L turning ¼ to the right

Shuffle back, coaster step, kick ball change, walk x2

1&2 step back on R, step L next to R, step back on R
3&4 step back on L, step R next to L, step fwd on L
5&6 kick R foot fwd, step R next to L, step fwd on L
7-8 walk fwd on R, walk fwd on L

(Here after wall 6 there is a 8 count tag, after you walk fwd do rock recover coaster step x2)

Start again!

Tag 1: on wall 3 you are going to dance almost 16c but instead of a shuffle ½ you do another step turn ½ and then you start from the beginning

Tag 2: on wall 6 after 32c you are doing an 8c tag

1-2 rock fwd on R, recover onto L
3&4 step back on R, step L next to R, step fwd on R
5-6 rock fwd on L, recover onto R
7&8 step back on L, step R next to L, step fwd on L