

Dance With a Butterfly (與蝶共舞)

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Alex Au (HK) - December 2023
音樂: Butterfly - Smile.Dk



Starts with vocal

#1 ROCK BACK, SHUFFLE FWD, 3-STEP TURN L, R TOUCH

1-2-3&4 Step R back, recover on L, step R fwd, step L close to R, step R fwd
5-6-7-8 Step L fwd, ¼ turn L step R side, ¼ turn L step L side, touch R close to L

#2 V-STEP, KICK-BALL-CHANGE X 2

1-2-3-4 Step R to R diagonal fwd, step L to L diagonal fwd, step R back, step L close to R
5&6-7&8 Kick R to L diagonal, step R in place, step L in place, kick R to R diagonal, step R in place,
step L in place

Restart here at wall-3

#3 R ROCK, R STEP SIDE, L ROCK, L STEP SIDE, HIP BOMB R, L

1-2-3 Step R in front of L, recover on L, step R side
4-5-6 Step L in front of R, recover on R, step L side
7-8 Hip bomb to R, hip bomb to L

#4 CHA CHA BOX

1-2-3&4 Step R side, step L close to R, step R fwd, step L close to R, step R fwd
5-6-7&8 Step L side, step R close to L, step L back, step R close to L, step L back

REPEAT THE DANCE

Restart after 16 counts at wall 3

It's fun to do this dance in CONTRA Formation

Last Update: 4 Dec 2023
