

# Keep Going Up

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Penny Tan (MY) - December 2023  
音樂: Keep Going Up - Timbaland, Nelly Furtado & Justin Timberlake



Intro 16C after heavy beat (on vocal "on")

\*No tag No restart

**SEC1:WALK FWD R-L , 1/4 TURN L SIDE ROCK, 1/4 TURN R RECOVER ,TOGETHER , 1/4 TURN R ,SIDE ROCK ,1/4 TURN L ,RECOVER ,TOGETHER ,WALK BACK R-L**

1-2            Walk fwd R ,walk fwd L  
3&4           1/4 turn L ,rock RF to R ,1/4 turn R ,recover on L , step RF next to LF  
5&6           1/4 turn R ,rock LF to L ,1/4 turn L ,recover RF on R ,step LF next to RF  
7-8            Walk back R, walk back L

**SEC2: VINE, L ROLLING VINE**

1-2            Step RF to R, Step L behind RF  
3-4            Step RF to R, point to L side  
5-6            1/4 turn L step LF fwd (9:00),1/2 turn L step RF backward(3:00)  
7-8            1/4 turn L step LF to L side(12:00),touch RF beside LF

**SEC3:SAILOR STEP ,1/4 TURN L SAILOR STEP ,SKATE**

1&2            Cross RF behind LF,step LF to L ,step RF on R  
3&4            1/4 turn L , sweep LF behind RF,step RF next to LF , step LF fwd  
5-8            Skate fwd R-L-R-L

**SEC4:1/2 TURN R WALK ,MAMBO ,FWD SHUFFLE**

1-4            Walk 1/2 turn R (R-L-R-L)  
5&6            Rock RF to R ,recover on L,step RF next to LF  
7&8            Fwd shuffle L-R-L

Have fun and happy dancing!

---