

Chun Feng Shi Li Bao Xin Nian (春風十里報新年)

COPPER KNOB
STEPSHEETS

拍數: 128 牆數: 1 級數: Phrased Beginner
編舞者: Mayee Lee (MY) - December 2023
音樂: Chun Feng Shi Li Bao Xin Nian (春風十里報新年) - Jie Ge Wen (接個叻), Kai Yi Qiang (開一槍), Huo Ji (火雞), LvKou Mouth (呂口口), Lambert & Yang Pang Yu (楊胖雨)



Intro : Start after 16 counts

Sequence of dance : ABC-ABC-A

Part A (64 counts)

Sec 1 : R Heel Grind, Step R Down, L Heel Grid, Step L Down, R Rocking Chair

1 – 4 Touch R heel forward twist R toe from L to R(1), step R down(2), touch L heel forward twist L toe from R to L(3), step L down(4)
5 – 8 Step R forward(5), recover on L(6), step R back(7), recover on L(8)

Sec 2 : R Cross, Hold, R Together L, Hold, R Cross Rock, L Recover, R Side, Hold

1 – 4 Cross R over L(1), hold(2), step R together L(3), hold(4)
5 – 8 Cross R over L(5), recover on L(6), step R to R(7), hold(8)

Sec 3 : Cross L, ¼ Turn R Forward, ¼ Turn R Side, Flick R, R Side, Hold, L Side Touch R & Bounce Twice

1 – 4 Cross L over R(1), ¼ turn R step R forward(2)(3.00), ¼ turn R step L to L(3)(6.00), flick R(4)
5 – 8 Step R to R(5), hold(6), step L to L & bounce twice(7-8)

Sec 4 : Step On R , Touch L Behind, Unwind ½ Turn L(x3), R Jazz Box Together

&1234 Step R on ball beside L(&), touch L behind R(1), unwind ½ turn L(2-4)(12.00)
5 – 8 Cross R(5), step L back(6), step R to R(7), step L together R(8)(12.00)

Sec 5 : Touch R, Touch R Beside L, Bounce On Spot Twice, Hold(x2), Bounce On Spot Twice

1 – 4 Touch R to R(1), touch R beside L(2), bounce on spot twice(3-4)
5 – 8 Hold(5-6), bounce on spot twice(7-8)

Sec 6 : Pivot ½ Turn L Twice, Slightly Bounce To R & L

1 – 4 Step R forward(1), pivot ½ turn L step on L(2)(6.00), step R forward(3), pivot ½ turn L step on L(4)(12.00)
&56 &78 Slightly jump R to R(&), touch L on ball beside R(5), step on R(6), slightly jump L to L(&), touch R on ball beside L(7), step on L(8)

Sec 7 : R Side, Hitch L, Cross L, Touch R, Touch R Behind, Hold, Reverse Hip Roll 2 Counts

1 – 4 Step R to R(1), hitch L to diagonally R(2), cross L(3), touch R to R(4)
5 – 8 Touch R behind L(5), hold(6), reverse hip roll(7-8)(weight on L)

Sec 8 : Step On L & Hold x2, Cross R, Hold, Full Turn L Walk LRL, Touch R

1 – 4 Step on L and hold(1-2), cross R(3), hold(4)
5 – 8 Full Turn L walk LRL(5-7), touch R beside L(8)(12.00)

Part B (32 counts)

Sec 1 : R Side, Hold, ¼ Turn L, ¾ Turn L Together, Bounce Twice, Touch R, Hold

1 – 4 Step R To R(1), hold(2), ¼ turn L step L down(3)(9.00), ¾ turn L step R beside L(4)(12.00)
5 – 8 Bounce twice(5-6), touch R to R(7), hold(8)

Sec 2 : Side Body Roll Twice, R Side, L Together & Hitch R, R Side, L Together & Hitch R

&12 &34 Step R beside L(&), touch L to L start body roll to L(1-2), step R beside L(&), touch L to L start body roll to L(3), touch R beside L(4)
5 – 8 Step R to R(5), step L beside R & hitch R(6), step R to R(7), step L beside R & hitch R(8)

Sec 3 : R Jazz Box, Paddle ¼ Turn L Twice

1 – 4 Cross R over L(1), step L back(2), step R to R(3), step L beside R(4)
5 – 8 Step R forward(5), ¼ turn L recover on L(6)(9.00), step R forward(7),
¼ turn L recover on L(8)(6.00)

Sec 4 : Walk Forward With Hip Move RLRL, R Forward, Hold, Pivot ½ Turn L, Hold

1 – 4 Slightly walk forward & move your hip RLRL(1-4)(6.00)
5 – 8 Step R forward(5), hold(6), pivot ½ turn L step on L(7)(12.00), hold(8)

Part C (32 counts)

Sec 1 : R Forward, Hold, Recover L, Hold, R Forward, Recover L, R Forward, Hold

1 – 4 Step R forward(1), hold(2), recover on L(3), hold(4)
5 – 8 Step R forward(5), recover on L(6), step R forward(7), hold(8)

Sec 2 : Jump slightly To L, Jump Slightly To R, L Side, Hold, R Side & Bounce Twice

&12 &34 Slightly jump L to L(&), touch R on ball beside L(1), step on L(2), slightly jump R to R(&), touch L on ball beside R(3), step on R(4)
5 – 8 Step L to L(5), hold(6), step R to R & bounce twice(7-8)

Sec 3 : L Together, Cross R, Unwind Full Turn L, Hold, Marching RLRL

&12 3&4 Step L beside R(&), cross R over L(1), unwind full turn L(2-3), hold(&4)
5 – 8 Marching on sport RLRL(5-8)

Sec 4 Step R forward & Bounce Twice, Pivot ½ Turn L & Bounce Twice, R Forward, Pivot ½ Turn L & Sit R, Step L, Touch R

1 – 4 Step R forward & bounce twice(1-2), pivot ½ turn L step on L & bounce twice(3-4)(6.00)
5 – 8 Step R forward(5), pivot ½ turn L & sit on R(6)(12.00), step on L(7), touch R to R(8)

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