

Zai Chuang Gao Feng CNY 2024 (再创高峰)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Improver
編舞者: Penny Tan (MY) - December 2023
音樂: Zai Chuang Gao Feng (再创高峰) - Aaron Wong (黃文勇)



Intro 16C

SOD: Intro Dance (32C) / 32 32 32 / Tag1 (32C) / 32 32 32 / Tag2 (16C) / *24 (with step change) 32 32 / Ending

*Tag 1 (32C) after W3

** Tag 2 (16C) after W6

***Restart on W7 after 24C with step change – Do the Sec3 facing 12:00 (don't do ¼ turn R)

*Tag 1 (32C) after W3 / Intro Dance / Ending

*Tag 1 also as Intro Dance and Ending)

SEC1: 1/4 TURN L SIDE, TOGETHER, SIDE, HEEL TOUCH, SIDE, TOGETHER, SIDE, HEEL TOUCH

1-4 ¼ turn L, step RF to R, step LF next to RF, step RF to R, touch L heel to diagonal

5-8 Step LF to L, step RF next to LF, step LF to L, touch R heel R to diagonal

SEC2, SEC3 & SEC4: REPEAT SEC1 – you will facing back to 12:00

*Optional: You can touch RF next to LF instead of Heel touch out

**Tag 2 (16C) after W6

SEC1: WALK FWD, KICK, WALK BACK, TOUCH

1-4 Walk fwd R-L-R, kick LF fwd

5-8 Walk back L-R-L, touch RF next to LF

SEC2: STEP, KICK (R-L), SWAYS

1-4 Step RF to R, kick LF over RF, step LF to L, kick RF over LF

5-8 Step RF to R with sway RLRL (weight on L)

Main Dance

SEC1: FWD, RECOVER, COASTER STEP (R-L)

1-2 Step RF fwd (optional: with body roll fwd), recover on L

3&4 Step RF back, step LF next to RF, step RF fwd

5-6 Step LF fwd (optional: with body roll fwd), recover on R

7&8 Step LF back, step RF next to LF, step LF fwd

SEC2: ANCHOR STEP (R-L), CROSS, POINT (R-L)

1&2 Step RF Back, step LF in place, Step RF in place

3&4 Step LF back, step RF in place, step LF in place

5-6 Cross RF over LF, touch LF to L

7-8 Cross LF over RF, touch RF to R

SEC3: 1/4 TURN R JAZZ BOX, ROCKING CHAIR

1-4 Cross RF over L, 1/4 turn R, step LF back, step RF to side, cross LF over RF

5-8 Step RF fwd, recover on L, step RF back, recover on L

SEC4: FWD SHUFFLE, 1/2 L FWD SHUFFLE, FWD, PIVOT ¼ TURN R, FWD

1&2 Fwd shuffle R-L-R

3&4 ½ turn L, fwd shuffle L-R-L

5-8 Step RF fwd ,step LF fwd , ¼ turn R ,step RF to R ,step 1LF fwd

Have fun and happy dancing!
