

Don't Waste Your Time on Me

COPPER KNOB
BY STEPHEN

拍數: 16 牆數: 4 級數: Improver
編舞者: Rose Prim (USA) - November 2023
音樂: Save Me (with Lainey Wilson) - Jelly Roll



Intro: 16 Counts
NO TAGS OR RESTARTS!!
Rolling Count

[1-8] FWD 2X STEP LOCK STEP, ROCK RECOVER, BACK 2X STEP LOCK STEP, ROCK RECOVER (12:00)

1 & a Step R diagonal fwd, L lock behind R, Step R diagonal fwd
2 & a Step L diagonal fwd, R lock behind L, Step L diagonal fwd
3, 4 R fwd , Recover L
5 & a Step R diagonal back, L lock front R, Step R diagonal back
6 & a Step L diagonal back, R lock front L, Step L diagonal bak
7, 8 R back , Recover L

[9-16] 2X SIDE ROCK CROSS, SIDE ROCK, BEHIND SIDE ¼, ROCK RECOVER HALF, 2 HALF TURNS, (3:00)

1 & a Step R to R side, Recover L, Cross R over L.
2 & a Step L to L side, Recover R, Cross L over R.
3, 4 Rock R to side, Recover on Left
5 & a Step R behind L, Step L to side, Step R ¼ to the left (9:00)
6 & a Rock L fwd, Recover R, Step L ½ over left shoulder (3:00)
7, 8 Turn ½ to L with R and ½ again over L with L (3:00)

Start Again and Enjoy!

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