

En Navidad

拍數: 64 牆數: 1 級數: Phrased Beginner
編舞者: Marita Torres (ES) - November 2023
音樂: En Navidad - Academia Operación Triunfo & Rosana



Sequence: AA BA BA BA BB

Music: En Navidad Operación Triunfo con Rosana

PART A: 32c

STEP, LOCK, STEP, SCUFF - STEP, LOCK, STEP, HITCH WITH 1/2 TURN LEFT

1-2-3-4 RF forward, LF behind RF, RF forward, LF scuff

5-6-7-8 LF forward, RF behind RF, LF forward, hitch with 1/2 turn left

STEP LOCK STEP, SCUFF - STEP, LOCK STEP, HITCH WITH 1/2 TURN LEFT

1-2-3-4 RF forward, LF behind RF, RF forward, LF scuff

5-6-7-8 LF forward, RF behind RF, LF forward, hitch with 1/2 turn left

SIDE -TOGETHER- SIDE - HITCH X 2 (RIGHT AND LEFT)

1-2-3-4 RF to right, LF next to RF, RF to right, LF hitch

5-6-7-8 LF to left, RF next to LF, LF to left, RF hitch

STEPS BACK x 3, HITCH, STEPS FORWARD x 3, HITCH

1-2-3-4 RF back, LF back, RF back, LF hitch

5-6-7-8 LF forward, RF forward, LF forward, RF hitch

PART B: 32c

TURNING MAKING A CIRCLE TO LEFT WITH 3 STEPS AND HITCH X 4

1-2-3-4 RF forward toward the left, LF forward, RF forward, LF hitch

5-6-7-8 LF forward, RF forward, LF forward, RF hitch

COMPLETE TURN MAKING A CIRCLE TO LEFT WITH 3 STEPS AND HITCH X 4

1-2-3-4 RF forward, LF forward, RF forward, LF hitch, LF forward,

5-6-7-8 LF forward, RF forward, LF forward, RF hitch

TURNING MAKING A CIRCLE TO RIGHT WITH 3 STEPS AND HITCH X 4

1-2-3-4 RF forward toward the right, LF forward, RF forward, LF hitch

5-6-7-8 LF forward, RF forward, LF forward, RF hitch

COMPLETE TURN MAKING A CIRCLE TO RIGHT WITH 3 STEPS AND HITCH X 4

1-2-3-4 RF forward toward the right, LF forward, RF forward, LF hitch

5-6-7-8 LF forward, RF forward, LF forward, RF hitch

At the end of the song when it repeats Navidad Navidad dulce Navidad, we do the steps of part B throughout the space.

This music is edited by removing instrumental part. If you want it you can send me an email

maritatorres@yahoo.es