

Look at DiS

拍數: 32 牆數: 4 級數: Improver
編舞者: Andrico Yusran (INA) - November 2023
音樂: Take a Look at This - Zayde Wølf



TaGs : -

- After wall 3 (8 counts)
- After wall 8 (4 counts)

Start dance after intro music 32 counts

S1. *SUGAR PUSH - SAILOR STEPS*

- 1-2 Step R - L walk forward
- 3&4 R forward , Recover on L , R back
- 5-6 L back with R heel , R back with L heel
- 7&8 L cross behind R , R to side , L side

S2. *CROSS ROCK - SIDE - PUSH FORWARD - HOLD - BALL FORWARD - FORWARD - KICK BALL SIDE TOUCH*

- 1&2 Step R cross over L , recover on L , R to side
- 3-4 L push forward , HOLD
- &5-6 L ball beside R , R forward , L forward
- 7&8 R kick forward , R ball tap beside L , L side touch

S3. *DIAMOND 1/4 TURN TO L - FORWARD - 1/2 TURN L - SHUFFLE 1/2 TURN TO L*

- 1&2& Step L cross over R , R to side , L back 1/8 turn to L [10.30] , R hitch [10.30]
- 3&4 R back , L to side [9.00] , R forward
- 5-6 L forward , R forward 1/2 turn to L
- 7&8 L forward 1/2 turn to L , R close beside L , L forward [9.00]

S4. *PUSH FORWARD - HOLD - BALL FORWARD - HITCH - PIVOT 1/2 TURN TO L - WALK - WALK*

- 1-2 Step R push forward , HOLD
- &-3-4 R ball tap beside L , L forward , R hith [Knee up]
- 5-6 R drop forward , 1/2 turn to L in place
- 7-8 R - L walk forward

TAG [8 counts]

OUT - IN SYNCOPATED - SIDE ROCK - CLOSE - SIDE - CLOSE TOUCH

- &1&2 Step R out , L out , R in , L in
- &3&4 R out , L out , R in , L in
- 5-6 R to side , recover on L
- &-7-8 R close beside L , L to side , R close touch beside L

TAG [4 COUNTS]

OUT - IN SYNCOPATED

- &1&2 Step R out , L out , R in , L in
- &3&4 R out , L out , R in , L in

***Ending Steps [8 COUNTS] FEEL FREE ***

WALK FORWARD - PIVOT 1/2 TURN TO L - WALK - WALK - OUT - OUT [POSE]

- 1-4 Step R - L walk forward , R forward , 1/2 turn to L
- 5-8 R - L walk forward , R out , L out [pose free style]

Dancing with Your Heart...♥

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