

# Look at DiS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Andrico Yusran (INA) - November 2023  
音樂: Take a Look at This - Zayde Wølf



TaGs : -

- After wall 3 ( 8 counts )
- After wall 8 ( 4 counts )

**\*Start dance after intro music 32 counts\***

## S1. \*SUGAR PUSH - SAILOR STEPS\*

- 1-2            Step R - L walk forward
- 3&4           R forward , Recover on L , R back
- 5-6           L back with R heel , R back with L heel
- 7&8           L cross behind R , R to side , L side

## S2. \*CROSS ROCK - SIDE - PUSH FORWARD - HOLD - BALL FORWARD - FORWARD - KICK BALL SIDE TOUCH\*

- 1&2           Step R cross over L , recover on L , R to side
- 3-4           L push forward , HOLD
- &5-6          L ball beside R , R forward , L forward
- 7&8           R kick forward , R ball tap beside L , L side touch

## S3. \*DIAMOND 1/4 TURN TO L - FORWARD - 1/2 TURN L - SHUFFLE 1/2 TURN TO L\*

- 1&2&          Step L cross over R , R to side , L back 1/8 turn to L [10.30] , R hitch [10.30]
- 3&4           R back , L to side [ 9.00 ] , R forward
- 5-6           L forward , R forward 1/2 turn to L
- 7&8           L forward 1/2 turn to L , R close beside L , L forward [9.00]

## S4. \*PUSH FORWARD - HOLD - BALL FORWARD - HITCH - PIVOT 1/2 TURN TO L - WALK - WALK\*

- 1-2           Step R push forward , HOLD
- &-3-4          R ball tap beside L , L forward , R hith [ Knee up ]
- 5-6           R drop forward , 1/2 turn to L in place
- 7-8           R - L walk forward

**\*TAG [ 8 counts ]\***

## \*OUT - IN SYNCOPATED - SIDE ROCK - CLOSE - SIDE - CLOSE TOUCH\*

- &1&2          Step R out , L out , R in , L in
- &3&4          R out , L out , R in , L in
- 5-6           R to side , recover on L
- &-7-8          R close beside L , L to side , R close touch beside L

**\*TAG [ 4 COUNTS ]\***

## \*OUT - IN SYNCOPATED\*

- &1&2          Step R out , L out , R in , L in
- &3&4          R out , L out , R in , L in

**\*Ending Steps [ 8 COUNTS ] FEEL FREE \***

## \*WALK FORWARD - PIVOT 1/2 TURN TO L - WALK - WALK - OUT - OUT [ POSE ]\*

- 1-4           Step R - L walk forward , R forward , 1/2 turn to L
- 5-8           R - L walk forward , R out , L out [ pose free style ]

Dancing with Your Heart...♥

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