

I'm Gonna Sit Right Down and Write Myself a Letter

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數:
編舞者: Robyn Anderson (AUS) - July 2023
音樂: I'm Gonna Sit Right Down and Write Myself a Letter - Barry Manilow



Step Tap forward x2, Forward, Step Tap Back x2.

- 1-4 Step right forward, tap left beside right, step left forward, tap right beside left
5-8 Step right back, tap left beside right, step left back, tap right beside left.

Rock forward, Rock Side, Weave Point.

- 1-4 Step right forward, recover on left, step right to right side, recover left,
5-8 Step right cross left, step left to left side, step right behind left, point left to left side.

Rock forward, Rock Side, Weave Point.

- 1-4 Step left forward, recover right step left to left side recover right,
5-8 Step left cross right, step right to right side, step left behind right, point right to right side

Paddle ¼ x2

1. Step forward and with weight on the balls of both feet.
2. Using the ball of the forward foot as a “pusher,” paddle a 1/4 shifting your weight onto the other foot.
3. Step forward and with weight on the balls of both feet.
4. Using the ball of the forward foot as a “pusher,” paddle a 1/4 shifting your weight onto the other foot.

Rocking Chair

- 5-8 Step forward on right, recover left, step back on right, recover left.
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