

That's Hot

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Michael Metzger (USA) - November 2023
音樂: This Hell - Rina Sawayama



*1 restart, 1 tag (4 counts)

Intro: 48 counts – approximately 24 seconds

[1-8] Cross Point with 1/8 Turn Right, Behind Side Cross with 1/4 Turn Right, Step Point with 1/4 Turn Right, Behind Side Cross with 1/4 Turn Right

- 1, 2 Cross right foot over left, Turn 1/8 right and point left foot to the side (1:30)
3&4 Cross left foot behind right, Step right foot to side, Turn 1/4 right and step left foot forward (4:30)
5, 6 Step right foot forward, Turn 1/4 right and point left foot to the side (7:30)
7&8 Cross left foot behind right, Step right foot to side, Turn 1/4 right and step left foot forward (10:30)

[9-16] Right Hip Bump, Step, Left Hip Bump, Step, 1/8 Turn Left and Cross, Back, Back, Point Back, 1/2 Turn Left

- 1, 2 Touch right toe forward and to the right while bumping right hip, Step down on right foot
3, 4 Touch left toe forward and to the left while bumping left hip, Step down on left foot
5&6 Turn 1/8 left and cross right foot over left, Step left foot back, Step right foot back (9:00)
7, 8 Touch left toe back, Turn 1/2 left and take weight on left foot (3:00)

[17-24] Forward Pop x2, 1/4 Turn and Cross, 1/4 Turn Right, 1/4 Turn Right, Cross Side Cross

- 1, 2 Step right foot forward while popping left knee forward, Step left foot forward while popping right knee forward
3&4 Step right foot forward, Pivot 1/4 left taking weight onto left foot, Cross right foot over left (12:00)
5, 6 Turn 1/4 right and step left foot back, Turn 1/4 right and step right foot to side (6:00)
7&8 Cross left foot over right, Step right foot to the side, Cross left foot over right *styling – Bend knees slightly and wiggle hips back and forth

[25-32] Side Rock, Recover, Behind Side Cross with 1/4 Turn Left, Step, 1/4 Turn and Point, 1/4 Turn and Point, 1/4 Turn and Point

- 1, 2 Rock to the side on right foot, Recover onto left foot
3&4 Cross right foot behind left, Step left foot to the side, Turn 1/4 left and step right foot forward (9:00)
5, 6 Step left foot forward, Turn 1/4 left and point right foot to the side (12:00)
7, 8 Turn 1/4 left and point right foot to the side, Turn 1/4 left and point right foot to the side (6:00)

*Restart here during wall 4.

[33-40] Heel Dig, Step, Sailor Step, Heel Dig, Step, Behind Side Forward

- 1, 2 Cross right heel over left, Step left foot to the side
3&4 Cross right foot behind left, Step left foot together, Step right foot to side
5, 6 Cross left heel over right, Step right foot to the side
7&8 Cross left foot behind right, Step right foot to the side, Step left foot forward

[41-48] Walk, 1/2 Pivot, Walk, 1/4 Turn with Toe Touch and Hip Bump, 1/4 Turn, 1/4 Turn with Toe Touch and Hip Bump, 1/4 Turn

- 1-4 Step right foot forward, Step left foot forward, Pivot 1/2 right and take weight on right foot, Step left foot forward (12:00)

- 5, 6 Turn ¼ left and touch right toe to side while bumping right hip, Turn ¼ left and take weight on right foot (6:00)
- 7, 8 Turn ¼ left and touch left toe to side while bumping left hip, Turn ¼ left and take weight on left foot (12:00)

[49-56] Heel Dig, Step, Sailor Step, Heel Dig, Step, Sailor Step with a ½ Turn Left

- 1, 2 Cross right heel over left, Step left foot to the side
- 3&4 Cross right foot behind left, Step left foot together, Step right foot to side
- 5, 6 Cross left heel over right, Step right foot to the side
- 7&8 Cross left foot behind right, Turn ¼ left and step right foot together, Turn ¼ left and step left foot together (6:00)

[57-64] Rock, Recover, Coaster Step, Step, Ball, Step, Ball, Step, Ball, Step (Pony Steps)

- 1, 2 Rock forward on right foot, Recover to left foot
- 3&4 Step right foot back, Step left foot together, Step right foot forward
- 5&6& Step left foot forward, Step together on ball of right foot, Step left foot forward, Step together on ball of right foot
- 7&8 Step left foot forward, Step together on ball of right foot, Step left foot forward

****Optional hand positions on counts 5-8 – Cross Shoulder, Like Shoulder, Right up Left down, Like Shoulder, Left up Right down, Like Shoulder, Pray (or clap) – We're making the letter H with our hands.**

- 5& Touch right hand to left shoulder and left hand to right shoulder, Touch right hand to right shoulder and left hand to left shoulder
- 6& Raise right hand with straight fingers pointing up and elbow forward while lowering left hand with straight fingers pointing down next to left thigh, Touch right hand to right shoulder and left hand to left shoulder
- 7& Raise left hand with straight fingers pointing up and elbow forward while lowering right hand with straight fingers pointing down next to right thigh, Touch right hand to right shoulder and left hand to left shoulder
- 8 Bring palms of hands together at shoulder level (and clap if you want to)

Tag: At the end of wall 3 do the following 4 count tag.

Step forward, Pivot (Without Weight Change), Hold, Shoulder Bump x2, Ball

- 1, 2 Step forward on right foot, Pivot ½ left keeping weight on right foot while lowering right hip, popping left knee forward with left heel raised off the floor, and raising left shoulder up and forward and right shoulder down and back
 - 3 Hold
 - &4& Raise right shoulder up and lower left shoulder down, Raise left shoulder up and lower right shoulder down, Bring left foot together and step on the ball of the left foot
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