

Makosa

拍數: 56 牆數: 4 級數: Improver
編舞者: Om Pardi (INA) - November 2023
音樂: Makosa (feat. Niko) - Geo da Silva & Katty S.



No Tag – 1 Restart

S1: WEAVE WITH FLICK (LEFT, RIGHT)

1-4 Cross R over L (1), Step L to side (2), Cross R behind L (3), Flick L (4)
5-8 Cross L over R (5), Step R to side (6), Cross L behind R (7), Flick R (8)

S2: CROSS OVER, TOUCH, CROSS OVER, TOUCH, ¼ RIGHT JAZZ BOX

1-4 Cross R over L (1), Touch L outside left (2), Cross L over R (3), Touch R outside right (4)
5-8 Cross R over L (5), Make ¼ turn right step L back (6), Step R to side (7), Step L forward (8)

S3: FORWARD, TOGETHER, FORWARD SHUFFLE, FORWARD, TOGETHER, FORWARD SHUFFLE

1-2 Step R forward (1), Step L Together (2)
3&4 Step R forward (3), Step L Together (&), Step R forward (4)
5-6 Step L forward (5), Step R together (6)
7&8 Step L forward (7), Step R together (&), Step L forward (8)

S4: BACKWARD (RIGHT, LEFT, RIGHT, LEFT), SIDE, TOUCH, SIDE, TOUCH

1-4 Step R back (1), Step L back (2), Step R back (3), Step L back (4)
5-8 Step R to side (5), Touch L beside R (6), Step L to side (7), Touch R beside L (8)

S5: PIVOT ½ TURN, PIVOT ½ TURN, V-STEP

1-4 Step R forward (1), Pivot ½ turn left, (2), Step R forward (3), Pivot ½ turn left (4)
5-8 Step R forward diagonally right (5), Step L forward diagonally left (6), Step R back to center (7), Step L back to center (8)

S6: CUBAN BREAK, CROSS OVER, SIDE ROCK, RECOVER, FORWARD ROCK, RECOVER, LEFT BACK COASTER STEP

1&2& Cross rock R over L (1), Recover on L (&), Rock R to side (2), Recover on L (&)
3&4 Cross R over L (3), Rock L to side (&), Recover on R (4)
5-6 Rock L forward (5), Recover on R (6)
7&8 Step L back (7), Step R next to L (&), Step L forward (8)

S7: FORWARD DIAGONAL, TOUCH, FORWARD DIAGONAL, TOUCH, BACKWARD DIAGONAL, TOUCH, BACKWARD DIAGONAL, TOUCH

1-4 Step R forward diagonally right (1), Touch L beside R (2), Step L forward diagonally left (3), Touch R beside (4)
5-8 Step R back diagonally right (5), Touch L beside R (6), Step L back diagonally left (7), Touch R beside L (8)

Have fun

For more questions about this dance please contact: jfdc2009@gmail.com