

Around and Around

拍數: 128 牆數: 0 級數: Phrased High Beginner
編舞者: Yanti Tannjoek (INA) - November 2023
音樂: Walking In The Sun - Degauss



SEQ A, B, C, D, D(8c)A,A,A,A (16c),B,C,D,D,A,A

Part A: 32c

SEC 1 : HIP BUMP DIAG R FORWARD - HIP BUMP DIAG L FORWARD

1-2 step RF diagonally forward with hip bump, recover on L
3&4 hip bump on R, recover on L with hip bump, hip bump on R
5-6 step LF diagonally forward with hip bump, recover on R
7&8 hip bump on L, recover on R with hip, hip bump on L

SEC 2 GRAPEVINE R & L

1-4 step RF to side, cross LF behind RF, step RF to side, touch LF beside RF
5-8 step LF to side, cross RF behind LF, step LF to side, touch RF beside LF

OPTIONAL 5-8 : ROLLING VINE LEFT

5-8 turn 1/4 left step L forward, turn 1/2 left step R back, turn 1/4 left step L to side, touch R together

SEC 3 : BACK, TOE TOUCH, BACK, TOE TOUCH (WITH SHIMMY2)

1-4 step back on Rf, Touch L toe in place, step back on Lf, Touch R toe in place
5-8 step back on Rf, Touch L toe in place, step back on Lf, Touch R toe in place

SEC 4 : REPEAT SEC 2

Part B: 32c

SEC 1 : DIAGONALLY STEP FORWARD R&L, DIAGONALLY STEP BACKWARD R&L

1-4 step RF forward diagonally, touch LF beside RF, step LF forward diagonally, touch RF beside LF
5-8 step RF backward diagonally, touch LF beside RF, step LF backward diagonally, touch RF beside LF

SEC 2 : WALKING BACKWARD R,L,R,L - TAP RIGHT - TOGETHER - TAP LEFT - TOGETHER

1-4 step RF backward, step LF backward, step RF backward, step LF beside RF
5-8 tap RF to side, step RF next to LF, tap LF to side, step LF next to RF

SEC 3 : SIDE SACHEE RIGHT - 1/4 TURN RIGHT - SIDE SACHEE LEFT - 1/4 TURN RIGHT - SIDE SACHEE RIGHT - 1/4 TURN RIGHT - SIDE SACHEE LEFT (09:00)

1&2 step RF to side, step LF beside RF, step RF to side (12:00)
3&4 1/4 turn right stepping LF to side, step RF beside LF, step LF to side (03:00)
5&6 1/4 turn right stepping RF to side, step LF beside RF, step RF to side (06:00)
7&8 1/4 turn right stepping LF to side, step RF beside LF, step LF to side (09:00)

SEC 4 : JAZZBOX 1/4 TURN RIGHT - ROCKING CHAIRS (12:00)

1-4 step RF cross over LF, step LF backward, 1/4 turn R stepping RF to side, step LF cross over RF
5-8 rock RF forward, Recover on LF, Rock RF Back, Recover on LF

PART C: 32c

SEC 1 : V STEP

1-4 step RF diagonally fwd, step LF diagonally fwd, step RF back, closed LF beside RF
5-8 step RF diagonally fwd, step LF diagonally fwd, step RF back, closed LF beside RF

SEC 2 : STEP FORWARD - KICK - STEP BACK - TOUCH

1-4 step RF forward, LF kick, step LF backward, touch RF behind LF

5-8 step RF forward, LF kick, step LF backward, touch RF behind LF

SEC 3 : REPEAT SEC 1

SEC 4 : REPEAT SEC 2

PART D: 32c

SEC 1 : WALK, WALK, FORWARD SHUFFLE, WALK, WALK, FORWARD SHUFFLE (MAKE CIRCLE TURN R 12:00)

1-2 step RF forward, step LF forward (starting to circle around to the R)

3&4 step RF forward, step LF beside RF, step RF forward

5-6 step LF forward, step RF forward

7&8 step LF forward, step RF beside LF, step LF forward (ending 12:00)

SEC 2 : FORWARD STEP - TOUCH TO SIDE - BACK STEP - TOUCH TO SIDE

1-4 step RF forward, touch LF to side, step LF forward, touch RF to side

5-8 step RF backward, touch LF to side, step LF backward, touch RF to side

SEC 3 REPEAT SEC 1

SEC 4 REPEAT SEC 2

Happy Dance

Regards - Yanti Tannjoek
