

Tak Seimbang

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Saniang Ludjen (INA) - November 2023
音樂: Tak Seimbang - Geisha & Iwan Fals



Restarts:-

Wall 2 after 16c facing 12.00

Wall 4 after 4c facing 3.00

Wall 8 after 24c facing 9.00

I. BASIC NC R-L, SIDE, BEHIND, SIDE, CROSS, TOUCH

1-2& Long step R to side, step L slightly behind R, cross R over L
3-4& Long step L to side, step R slightly behind L, cross L over R
5-6& Step R to side, cross L behind R, step R to side
7-8 Cross L over R, touch R beside L

II. ROCK FORWARD, BACK L-R-L, KICK, COASTER STEP, ½ R PIVOT, ¾ L PIVOT

1 Rock R forward
2&3 Step L-R-L back while kick R forward
4&5 Step R back, close L beside R, step R forward
6&7 Step L forward, ½ turn right step R in place, step L forward (6.00)
8&1 Step R forward, ½ turn left step L in place, ¼ turn left step R to side (9.00)

III. WEAVE, SWAY, ROLLING VINE

2&3 Cross L over R, step R to side, cross L behind R
&4& Step R to side, cross L over R, step R to side
5-6 Step L to side and sway, sway to R
7&8 ¼ Turn left step L forward, ½ turn left step R back, ¼ turn left step L to side

IV. CROSS ROCK, SIDE, CROSS ROCK, ½ R, 1/8 R FORWARD, RUN L-R-L, ARABESQUE, BACK, SIDE

1 Cross rock R over L
2&3 Recover on L, step R beside L, cross L over R
4&5 Recover on R, ½ turn right step L beside R, 1/8 turn right step R forward (4.30)
6&7 Run L-R-L and lift R back
8& Step R back, step L to side

Enjoy the dance!

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