

Micaela

拍數: 32 牆數: 2 級數: High Beginner - Samba
編舞者: Montse Bou (ES) - November 2023
音樂: Micaela - Efecto Pasillo



Intro: 16 counts

SAMBA WHISKS LRLR

1&2 Step Left to left side, rock right cross behind left, recover onto left
3&4 Step right to right side, rock left cross behind right, recover onto right
5&6 Step Left to left side, rock right cross behind left, recover onto left
7&8 Step right to right side, rock left cross behind right, recover onto right

SAMBA BASIC DIAGONAL ¼ L + ¼ L

9&10 Step left forward Diagonal 1/8 left, step right ball besides left, recover onto left foot (10:30)
11&12 Step right backward & make 1/8 L, step left ball besides right, recover onto right (9:00)
13&14 Step left forward Diagonal 1/8 left, step right ball besides left, recover onto left foot (7:30)
15&16 Step right backward & make 1/8 L, step left ball besides right, recover onto right (6:00)

BOTA FOGO FORWARD (x4: LRLR)

17&18 Step left forward, rock right to right side, recover onto left
19&20 Step right forward, rock left to left side, recover onto right
21&22 Step left forward, rock right to right side, recover onto left
23&24 Step right forward, rock left to left side, recover onto right

TRAVELLING R , VOLTA FULLTURN R

25&26&27&28 Cross left over right, slightly step right ball to right side (x3), cross left over right
29&30&31&32 Steps R forward make 1/4 R, step left ball besides right (x3) , step right forward (06:00)

Tags :

T1) After Wall 3rd (facing 06.00) 8 count – 1 MAMBO +

T2) After Wall 4th (facing 12.00) 16 counts – 2 MAMBOS ++

MAMBO L-FORWARD, MAMBO R-BACK, MAMBO L-SIDE, MAMBO R-SIDE.

1&2 Rock fwd on L, Recover on R, Step L beside R
3&4 Rock back on R, Recover on L, Step R beside L
5&6 Rock to L side, Recover on R, Step L beside R
7&8 Rock to R side, Recover on L, Step R beside L