

Can't Stop This Thing We Started

COPPER KNOB
BY PETER O'SHEA

拍數: 32 牆數: 4 級數: Beginner
編舞者: Peter O'Shea (AUS) - November 2023
音樂: Can't Stop This Thing We Started - Bryan Adams



Start: after short guitar intro + 32 counts of regular beat

SIDE STRUT ROCK BACK RECOVER TWICE

1-2 step R toe to side, drop R heel
3-4 step/rock L back, recover to R
5-6 step L toe to side, drop L heel
7-8 step/rock R back, recover to L

SIDE SHUFFLE ROCK BACK RECOVER, SIDE SHUFFLE ROCK BACK 1/4 TURN RECOVER

9&10 shuffle to right side stepping R, L, R
11-12 step/rock L back, recover to R
13&14 shuffle to left side stepping L, R, L
15-16 turning 1/4 right step/rock R back, recover to L

TOE STRUT x 2, ROCK FORWARD RECOVER, SHUFFLE BACK

17-18 step R toe forward, drop R heel
19-20 step L toe forward, drop L heel
21-22 step/rock R forward, recover to L
23&24 shuffle back stepping R, L, R

BACK STRUT x 2, BACK TOGETHER, SHUFFLE FORWARD

25-26 step L toe back, drop L heel
27-28 step R toe back, drop R heel
29-30 step L back, step R together
31&32 shuffle forward stepping L, R, L

REPEAT

Restart after 8 counts facing 12.00 during walls 5 and 9