Waltzing Memories

拍數: 48

級數: Improver - waltz

編舞者: Anna-Maria Mejlon (SWE) - November 2023

音樂: Det stora röda huset (feat. Moonica Mac) - Benjamin Ingrosso

Intro: approx 12 seconds, begin when he starts to sing No Tags or Restarts in this dance!

Basic fwd basic back

1-2-3 step fwd on L, step R next to L, step L next to R 4-5-6 step back on R, step L next to R, step R next to L

Step fwd sweep cross side behind

1-2-3 step fwd with L on 1, sweep R over L on 2-3 4-5-6 step R over L, step L to L side, step R behind L

Side drag touch, side drag touch

1-2-3 step L to L side, drag R towards L and touch R next to L 4-5-6 step R to R side, drag L towards R and touch L next to R

Twinkle x2

1-2-3	step L over R, step R to R side, recover on to L
4-5-6	step R over L , step L to L side, recover on to R

Diamond steps

1-2-3	cross L over R, step back on R turning 1/2 to the left, step back on L
4-5-6	step back on R, step L to L side turning 1/8 to the left, step slightly fwd on R

Step fwd point step back point

1-2-3	step fwd with L on 1, point R to R on 2-3
4-5-6	step back with R on 4, sweep L behind R on 5-6

Sailor step x2

1-2-3	step L behind R, step R to R side, step L next to R
4-5-6	step R behind L, step L to L side, step R next to L

Toe unwind 1/2 with sweep cross turn 1/4 step side

1-2-3 touch L toe back, unwind 1/2 of a turn to the left (weight on L), sweep R over L 4-5-6 cross R over L, step back on L turning 1/4 to the right, step R to R side

Start again ...

I really hope you will enjoy this dance to this wonderful song :-)

Contact: MimmiQ@hotmail.com





牆數: 2