

# Down to One

拍數: 32      牆數: 4      級數: Easy Improver  
編舞者: Heidi Jensen (NOR) - November 2023  
音樂: Down to One - Luke Bryan



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## Side, together, Shuffle R, rock back, shuffle L

1-2      Step RF to R, Step LF beside RF  
3&4      Step RF to R, step LF beside RF, Step RF to R  
5-6      Rock LF behind RF. Recover on RF  
7&8      Step LF to L, Step RF beside LF, Step LF to L

## Cross, side, Coaster ¼ turn L, pivot ½ turn R, ¼ turn shuffle R.

1-2      Cross RF over LF, step LF to L  
3&4      Cross RF behind LF, ¼ turn step LF to L, Step RF Fw  
5-6      Step LF Fw . turn ½ to R weight on RF  
7&8      Turn ¼ R step LF to L, Step RF beside LF, Step LF to L

## Cross, side, Sailor step, cross, side, trippel ¾ turn L

1-2      Cross RF over LF, Step LF to L  
3&4      Step RF behind LF, Step LF to L, Step RF to R  
5-6      Cross LF over RF, Step RF to R  
7&8      Cross LF behind RF whit ¼ turn L, Step RF beside LF, Step ½ with LF Fw

## Rock FW, Back touch x2, Rock back, Full turn L.

1-2      Rock Fw on RF, recover on LF  
&3&4      Step RF back, Touch LF beside RF, Step back on LF , touch RF beside LF  
5-6      Rock back on RF, recover on LF  
7-8      Step ½ turn on RF, Step ½ turn on LF

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