Alive

拍數: 32	牆數: 4	級數: High Improver

編舞者: Luna VALERIOTI (FR) - November 2023

音樂: Alive - Toby Romeo & Declan J Donovan

Intro: Approx. 8 seconds, start on the word « done »
No Tag, 2 Restarts

[1 – 8] Side, Together, Shuffle Forward, Rock, Recover, Shuffle ¼

1-2	Step RF to R (1), Step LF next to RF (2) 12:00
3&4	Step RF fwd (3), Step LF next to RF(&), Step RF fwd (4) 12:00
5-6	Rock LF fwd (5), Recover weight on RF (6) 12:00
7&8	Step LF to L side with a ¼ turn (7), Step RF next to LF (&), Step LF to L side (8) 9:00

[9 – 16] Weave, Cross Rock, Recover, Side, Touch

1-2	Cross RF over LF (1), Step LF to L (2) 9:00
3-4	Cross RF behind LF (3), Step LF to L (4) 9:00
5-6	Cross RF over LF (5), Recover on LF (6) 9:00
7-8	Step RF to R (7), Touch LF next to RF (8) 9:00

[17 – 24] K step (Step touch x4)

1-2	Step LF fwd slightly to L diagonal (1), Touch RF next to LF (2) 9:00
3-4	Step RF back slightly to R diagonal (3), Touch LF next to RF (4) 9:00
5-6	Step LF back slightly to L diagonal (5), Touch RF next to LF (6) 9:00
7-8	Step RF fwd slightly to R diagonal (7), Touch LF next to RF (8) 9:00

[25 – 32] & Touch, Hold, & Touch, Hold, Rock, Recover, Big Step Back, Touch

&1-2	Jump fwd on LF to L diagonal (&), Touch RF next to LF (1), Hold (2) 9:00
&3-4	Jump fwd on RF to R diagonal (&), Touch LF next to RF (3), Hold (4) 9:00
5-6	Rock LF fwd (5), Recover weight on RF (6) 9:00
7-8	Big Step back on LF (7), Touch RF next to LF (8) 9:00

RESTARTS : after 16 counts during wall 2 & 7, step LF next to RF with weight on LF (8)

And Here We Go Again