

Cold

拍數: 32 牆數: 4 級數: Beginner
編舞者: Mary Ulibarri (USA) - November 2023
音樂: Cold - Chris Stapleton
或: Colors - Black Pumas



INTRO: 7 counts after hard beat, starts before lyrics for song Cold

#32 count intro for song Colors, starting on word "Morning"

No tags or restarts!

S-1 Slides Right and Left (8)

[1-8] STEP SLIDE FORWARD ON DIAGONAL 4X

1-2, Step R forward on diagonal (1), Slide L next to R and touch (2),
3-4, Step L forward on diagonal (3), Slide R next to L and touch (4),
5-6, Step R forward on diagonal (5), Slide L next to R and touch (6),
7-8, Step L forward on diagonal (7), Slide R next to L and touch (8),

S-2 Weaves Right & Left (8) WEAVE RIGHT, ROCK, RECOVER, CROSS

1 & 2, & 3 & 4 Step R to side (1), Cross L in front of R (&), Step R to side (2), Cross L behind R (&) Rock R to side (3), Recover L (&), Cross R in front of L (4)

WEAVE LEFT, ROCK, RECOVER, CROSS

5 & 6 & 7 & 8 Step L to side (5), Cross R in front of L (&), Step L to side (6), Cross R behind L (&), Rock R to side (7), Recover L (&), Cross R in front of L (8)

S-3 WALK R, L, MAMBO FORWARD, BACKWARD SWEEPS L, R, L COASTER STEP (8)

1-2, 3& 4 Walk R (1), Walk L (2), Rock forward R (3), Recover L (&), Step R next to L (4)
5-6, 7 & 8 Sweep L back with weight (5), Sweep R back with weight (6), Step back on ball of L (7), Step back on ball of R (&), Step forward on L (8)

S-4 CROSS ROCK R, L, JAZZBOX 1/4 TURN R (8)

1&2, 3 & 4 Cross R over L and Rock (1), Recover L (&), Step R (2), Cross L over R and Rock (3), Recover R (&), Step L (4),
5-8 Cross R over L (5), Step back on L (&), Turn 1/4 R (6), Step forward on L (&)

For song, Colors, Jazz Box is slow in 4 beats.

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Last Update – 25 Nov. 2023 - R1