

This Guy

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Roger (leftfoot) Hunter (USA) - November 2023
音樂: This Guy - Abby Anderson



Intro 16 cts in - 1 easy restart**

S-1) Walk R,L,R, Shuffle F, Back R,L, Touch R.**

1,2,3 step R forward(1)step L forward(2)step R forward(3)
4&5 step L forward(4)step R next to L(&)step L forward(5)
6,7,8 step back on R(6)step back on L(7)touch R next to L(8)

S-2) Side Touch, Step L ¼ L, Shuffle F, Walk L,R,L.

1,2,3 step R to R(1)touch L next to R(2)step L ¼ turn L(3)(9:00)
4&5 step R forward(4)step L next to R(&)step R forward(5)
6,7,8 step L forward(6)step R forward(7)step L forward(8)

S-3) Side Rock Drag, Cross, Shuffle L, Step ¼, Step, Step ¼.

1,2,3 rock R to R(1)step(drag)Lto R(2)cross R over L(3)
4&5 step L to L(5)step R next to L(&)step L to L(5)
6,7,8 step R ¼ R(6)step L next to R(7)step R ¼ R(8)(3:00)

S-4) Rock Recover, Coaster Step, Shuffle Forward R & L.

1,2 3&4 rock L forward(1)recover on R(2)step back on L(3)step back on R(&) step forward on L(4)
5&6 7&8 step R forward(5)step L next to R(&)step R forward(6) step L forward(7)step R next to
L(&)step L forward(8)

** Restart after wall 4 first time back at the front, Dance section 1 and restart dance.

Last Update: 23 Nov 2023