

Mustang Sally

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sobrielo Philip Gene (SG) - November 2023
音樂: Mustang Sally (Glee Cast Version) - Glee Cast



Intro: 16 counts at 0.08sec - NO Tag NO Restart

[1-8] SIDE TOUCH, ¼ SHUFFLE FORWARD, JAZZ BOX CROSS

1-2 Step RF to right (1), Touch LF behind RF (2)
3&4 ¼ left step LF forward (3), step RF beside LF (&), step LF forward (4) (9:00)
5-6 Cross RF over LF (5), step LF slightly back (6)
7-8 Step RF to right (7), cross LF over right (8)

[9-16] STEP HOLD, BALL STEP TOUCH, SHUFFLE FORWARD, PIVOT ½ ,

1-2 Step RF to right (1), hold (2)
&3-4 Step LF beside RF (&), step RF to right (3), touch LF beside right (4)
5&6 Step LF forward (3), step RF beside LF (&), step LF forward (4)
7-8 Step RF forward (7), turn ½ left (8) (3:00)

[17-24] RIGHT SAMBA, LEFT SAMBA, ROCKING CHAIR

1&2 Cross RF over LF (1), Rock LF to left (&), recover onto RF (2)
3&4 Cross LF over RF (1), Rock RF to right (&), recover onto LF (2)
5-6 Rock RF forward (5), recover onto LF (6)
7-8 Rock RF back (7), recover onto LF (8) (3:00)

Options: For beginners who does not or cannot do the Samba, it can be replaced with “cross point cross point”

[25-32] PIVOT ¼, PIVOT ¼ , 4 WALKS

1-2 Step RF forward (1), turn ¼ left (2)
3-4 Step RF forward (1), turn ¼ left (2)
5-8 Walk forward R,L,R,L (5-8) (9:00)

Note: On counts 1-4 roll hips while you turn

5-8 Cross legs while walking (catwalk)

RESTARTS