

Rockin' Good Time

COPPER KNOB
CHOREOGRAPHY

拍數: 32 牆數: 2 級數: Improver
編舞者: Casey Whitehead (USA) - November 2023
音樂: Nothin' But a Good Time - Poison



[1-8] SKATE R THEN L, SHUFFLE R, ROCK L, ½ TURN SHUFFLE

1,2 Skate forward R then L
3,4 Shuffle forward with R
5, 6 Rock forward with L
7,8 ½ turn shuffle with L over left shoulder

[9-16] ¼ JAZZ BOX TURN, R STEP TOUCH, L STEP TOUCH

1-4 Jazz box ¼ turn to the right
5,6 Step out R then bring L in with a touch
7,8 Step out L then bring R in with a touch

[17-24] ¼ TURN R HEEL GRIND, SAILOR R, SAILOR L, STEP R ½ TURN

1,2 R heel grind ¼ over the right shoulder
3,4 Sailor R
5,6 Sailor L
7,8 Step forward with R, ½ turn pivot over L shoulder

[25-32] R KICK BALL CHANGE, HOLD X 2, STEP OUT L THEN R, HOLD, AIR GUITAR X 2

1,2 R kick ball change
3,4 L hook and step down
5,6 Step out R and hold for 1 count
7,8 Freestyle for 2 counts (I like to air guitar but you have total creative freedom)

TAG: 3 COUNT TAG: ON WALL 3 AND 6- AT END OF 32 COUNT FREESTYLE FOR 2 MORE COUNTS, ROCK BACK ON RIGHT FOOT, AND RESTART DANCE

Last Update: 2 Apr 2024