

Falling Apart

COPPERKNOB
BY STEPHEN HETS

拍數: 124 牆數: 1 級數: Phrased Advanced
編舞者: Serge Thomas (LUX) - November 2023
音樂: Falling Apart - Michael Schulte



Intro: 32 Counts, Start at approx. 17 secs
Sequence: A, A', B, Tag – A, A', B, C – B, B, Tag A

Part A (32 counts)

[1-8] (12:00) Step R side - touch - Sweep – Behind – Side-Cross – Recover with sweep on L + ½ turn – Chasse

- &1 (Face to 12:00) Step R to right side (&), L touch close to R
- 2-3 Sweeping L around from side to back + swing your arms up in the shape of a heart
- 4 Cross L behind
- &5 Step R to right side (&), Cross L over R (5) (3:00)
- 6-7 Recover on R + Sweeping L around from front to side (½ turn to the left 9:00), Step L forward
- 8&, Close R to L; Step L forward (&) (9:00)

[9-16] (9:00) Step - Touch – Twist-Twist – Sweep back – Sweep back – Coaster step

- 9-10 Great Step forwards with R, Touch L side to R
- 11-12 Twist to right (1/4 turn), Twist to left (1/4 turn) keeping weight on R + arms swinging
- 13-14 Walk back sweeping L around from front to back, Walk back sweeping R around from front to back
- 15&16 Step back on L & Step R next to L, Step forward on L (16)

[17-24] V-STEP – Side-Close – Twist-Twist – Side-Close (9:00)

- &17 Step R slightly forward out to right (&), Step L slightly forward out to left (17)
- 18-19 Step R back, Close L beside R
- 20 & Step R to right side (20), Close L beside R (&)
- 21-22 Twist to right (1/4 turn), Twist to left (1/4 turn), keeping weight on R
- 23-24 Step L to left side, Close R beside L (9:00)

[25-32] (9:00) Chasse left + ¼ turn – Pivot ½ turn – Step + ¼ turn – Cross behind – Side – Cross

- 25&26 Step L to left side & Close R beside L, Step L forward + ¼ turn to the left (6:00)
- 27-28 Step R forward, pivot ½ turn to the left (12:00)
- 29-30 Step R forward to right side + ¼ turn to left (9:00), Cross L behind R
- 31-32 Step R forward to right side, Cross L over R (9:00)

Part A' (28 counts)

[1-8] (9:00) To the right: ¾ Turn right – Step together Step + ½ turn – ¾ Turn left – Step together Step + ½ turn (9:00)

Remark: Please take slightly larger steps

- 1-2 Step R forward to right side + ¼ turn right (12:00), Step L forward + ½ turn right (6:00)
- 3&4 Step R forward to right side + ¼ turn right (9:00) & Step L close to R (9:00), Step R forward + ¼ turn right (12:00)
- 5-6 Step L forward + ¼ turn left (9:00), Step R forward + ½ turn left (3:00)
- 7&8 Step L forward to the left side + ¼ turn left (12:00) & Step R close to L (12:00), Step L forward to + ¼ turn left (9:00)

[9-16] (9:00) Rock – Recover – Behind - Side - Cross – Walk + ¼ Turn (6:00) – Walk + ¼ Turn (3:00) – Behind - Side - Cross (3:00)

Remark: Please take slightly smaller steps

- 9-10 Rock R to right side, Recover on L

- 11&12 Cross R behind L & Step L to left side, Cross R over L (4) (9:00)
 13-14 Walk L forward + ¼ turn left (6:00), Walk R forward + ¼ turn left (3:00),
 15&16 Cross L behind R & Step R to right side, Cross L over R (3:00)

[17-24] (3:00) To the right with R: ¾ Turn right – Step together Step + ½ turn – ¾ Turn left – Step together Step + ¼ turn (6:00)

Remark: Please take slightly smaller steps

- 17-18 Step R forward to right side + ¼ turn right (6:00), Step L forward + ½ turn right (12:00)
 19&20 Step R forward to right side + ¼ turn right (3:00) & Step L close to R (3:00), Step R forward + ¼ turn right (6:00)
 21-22 Step L forward + ¼ turn left (3:00), Step R forward + ½ turn left (9:00)
 23&24 Step L to the left side (9:00) & Step R close to L (9:00), Step L forward + ¼ turn left (6:00)

[25-28] Step Touch – Scissor step (6:00)

- 26-26 Step R forward, Touch L close to R
 27&28 Step L to the left side & Close R next to L, Cross L over R (28)

Part B (32 counts)

[1-8] (6:00) To the right with R: ¾ Turn right – Step together Step + ½ turn – Walk+ ¼ turn – Side – Sailor Step

- 1-2 Step R forward to right side + ¼ turn right (9:00), Step L forward + ½ turn right (3:00)
 3&4 Step R forward to right side + ¼ turn right (6:00) & Step L close to R (6:00), Step R forward + ¼ turn right (9:00)
 5-6 Step L forward + turn ¼ left (6:00), Step R to right side (6:00)
 7&8 Step L behind R & Close R to right, Step L to left side (8)

[9-16] (6:00) Cross Hold – Ball Cross – Back + ¼ turn (9:00) – Step - Touch – Coaster step (9:00)

- 9-10 Cross R over L, Hold
 &11-12 Step L to left side (&), Cross R over L (11), Step L back + turn ¼ right (12) (9:00)
 13-14 Step R forward, Touch L close to R
 15&16 Step back on L & Step R next to L, Step forward on L (9:00)

[17-24] (9:00) Rock forward & Rock forward – Back – Back – Coaster step

- 17-18 & Rock R forward pushing right hips forward (17), Recover on L (18), Step R next to L (&)
 19-20 Rock L forward pushing left hips forward (19), Recover on R (20)
 21-22 L back (with small sweep), R back (with small sweep)
 23&24 Step back on L & Step R next to L, Step forward on L (9:00)

[25-32] Jazz Box + ¼ turn (12:00) – Shuffle forward – Scissor step

- 25-26 Cross R over L, Step back on L+ ¼ turn to right (12:00)
 27-28 R stepping R to right side, Close L to R (12:00)
 29&30 Step forward on R & Step L next to R, Step forward on R
 31&32 Step L to the left side & Close R next to L, Cross L over R (32)

Tag (16 counts) (12:00)

[1-8] (12:00) To the right: Sway – Sway – Step – Lock – Full spiral turn with sweep – Behind - Side - Cross

- 1-2 Step R to right side, recover on L
 1-2 Arms: (1) Swing arms to the right; (2) Swing arms to the left
 3-4 Rock on R, Step L over R (locking both knees) + R making full spiral turn on the right-hand side
 5-6 Sweeping R from front to back + Swing your arms up in the shape of a heart
 7&8 Cross R behind L & Step L to left side, Cross R over L (8)

[9-16] (12:00) To the left: Sway – Sway – Step – Lock – Full spiral turn with sweep – Behind - Side - Cross

- 9-10 Step L to left side, recover on R,
 9-10 Arms: (9) Swing arms to the left; (10) Swing arms to the right
 11-12 Rock on L, Step R over L (locking both knees) + L making full spiral turn on the left-hand side

13-14 Sweeping L from front to back + Swing your arms up in the shape of a heart
15&16 Cross L behind R & Step R to right side, Cross L over R (16)

Part A (12:00; 9:00)

Part A' (9:00; 6:00)

Part B (6:00; 12:00)

Part C (32 counts) (12:00)

[1-8] To the right: Step hinge – Step hinge – Step Touch + ¼ turn – Step Touch + ¼ turn

1-2 Step fall on R to right + Rise L up, Cross L over R;
1-2 Arms: (1) Swing arms to the right; (2) Swing arms to the left
3-4 Step fall on R to right + Rise L up, Cross L over R
3-4 Arms: (3) Swing arms to the right; (4) Swing arms to the left
6-7 Step R forward diagonal + ¼ turn right (3:00), Touch L beside to R;
7-8 Step L forward diagonal + ¼ turn left (12:00), Touch R beside to L;

[9-16] Touch – Touch – Behind - Side - Cross – Weave to the left (12:00)

9-10 Touch R bevor L (12:00), Touch R beside to L, (3:00)
11&12 Cross R behind L & Step L to left side, Cross R over L (12)
13-16 To the left: Step L to side, Cross R over L *), Step L to side, Cross R behind L *),

***) Mini-Mistake on my video**

[17-24] To the left: Step hinge – Step hinge – Step Touch + ¼ turn – Step Touch + ¼ turn

17-18 Step fall on L to left + Rise R up, Cross R over L;
17-18 Arms: (17) Swing arms to the left; (18) Swing arms to the right
19-20 Step fall on L to left + Rise R up, Cross R over L;
19-20 Arms: (19) Swing arms to the left; (20) Swing arms to the right
21-22 Step L forward diagonal + ¼ turn left (9:00), Touch R beside to L;
23-24 Step R forward diagonal + ¼ turn right (12:00), Touch L beside to R;

[25-32] Touch – Touch – Behind – Side – Cross – Weave to the right (12:00)

25-26 Touch L bevor R (12:00), Touch L beside to R, (9:00)
27&28 Cross L behind R & Step R to right side, Cross L over R (28)
29-32 To the right: Step R to side, Cross L over R, Step R to Side, Cross L behind R,

Part B (12:00 – 6:00)

Part B (6:00 – 12:00)

Tag (12:00)

Ending: Step R to the right + hands rising up

The dance combines steps and styles from Israeli dance with line dance

**This is my 1st choregraphy so please bear with me if not everything is perfect
Have fun even if the dance seems to be difficult or unusual.**

Last Update: 21 Nov 2023
