

# Feeling High About Life

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Brian Provini (CAN) - November 2023  
音樂: I Get High ft Nina Hagen (feat. Nina Hagen) - iskwē



## #16 Count Introduction - NO RESTARTS OR TAGS

### WALK, WALK, WALK, TOUCH, BACK, BACK, BACK TOUCH

1-2            Step R Forward, Step L Forward  
3-4            Step R Forward, Point L To The Left  
5-6            Step L Back, Step R Back  
7-8            Step L Back, Point R To The Right

### JAZZ BOX

9-10            Cross Step R Over L. Step Back On L.  
11-12           Step Back On R. Step L Beside R.

### JAZZ BOX WITH 1/4 TURN TO THE RIGHT

13-14           Cross Step R Over L, Step Back On L  
15-16           Turn 1/4 Right Stepping R To Right Side, Step L Beside R

### VINE RIGHT

17-18           Step R To Right, Cross L Behind R  
19-20           Step R To Right, Touch L Beside R

### VINE LEFT

21-22           Step L To Left, Step R Behind L  
23-24           Step L To Left, Touch R Beside L

### TOE HEEL STRUTS

25-26           Touch R Toe Forward And Then R Heel Down  
27-28           Touch L Toe Forward And Then L Heel Down

### ROCKING CHAIR

29-30           Rock Right Forward, Recover To Left  
31-32           Rock Right Back, Recover To Left

Last Update: 18 Nov 2023