

# I'm a Lost Cause

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate - Rolling 8 count  
編舞者: Gail Smith (USA) - October 2023  
音樂: Save Me (with Lainey Wilson) - Jelly Roll



NO tags or restarts

INTRO: 16 Counts. Start on the word "Save" (Somebody "save" me)

## (SECTION 1) SWAY L-R-L, WEAVE w SWEEP

1-2-3      Step L slightly to side and sway L-R-L (Tiny hitch bringing R foot towards L)  
4&a      Step R to side, Step L behind R, Step R to side  
5      Step L across R and sweep R fwd

## JAZZ BOX CROSS, MAMBO STEP

6&a      Step R across L, Step L back, Step R to side  
7      Step L across R angling body towards the R corner sliding R toes fwd 1:30  
8&a      Rock R fwd, Recover onto L, Step R slightly back

## (SECTION 2) BACK w SWEEP, TURN 1/2 R, BALL-STEP FWD, BALL-STEP (PREP), FULL TURN L,

1      Step L back and sweep  
a2      Turn 1/2 R and Step ball of R foot fwd, Step L fwd 7:30  
a3      Step ball of R foot fwd, Step L fwd (prep for turn)  
4&a      Turn 1/2 L stepping back on R, Turn 1/2 L stepping fwd on L, Step R fwd

Non-turning option: 3 Runs fwd

## BALL-ROCKSTEPS, HITCH, COASTER CROSS

5a      Rock L fwd, Recover onto ball of R foot  
6a      Rock L back, Recover onto ball of R foot  
7      Step L fwd and hitch R knee up  
8&a      Step R to back, Step L next to R, Step R across L - squaring up to wall 6:00

## (SECTION 3) L SIDE-DRAG, 1/4 SIDE-DRAG, 1/4 SIDE-DRAG, SAILOR STEP-CROSS

1      Big step L to side dragging R towards L foot  
2      Turn 1/4 R and big step to R side dragging L towards R foot 9:00  
3      Turn 1/4 R and big step to L side slightly drag R towards L foot 12:00  
4&a5      Step R behind L, Step L to side, Step R slightly to side, Step L across R

## SIDE-1/8, BACK-1/8 (PREP), FULL TURN TRIPLE

a6      Step R to side, Turn 1/8 L stepping L back 11:30  
a7      Step R slightly back, Turn 1/8 L stepping L fwd 9:00  
8&a      Full turn over your L shoulder - stepping R-L-R, Squaring up to the wall

Non-turning option: 3 Runs fwd

## (SECTION 4) FWD ROCK, REC, BACK BALL-STEP w 1/4 SWEEP L, L SAILOR STEP

1-2      Rock L fwd, Recover onto R foot (Sloooow rock, rec)  
a3      Step ball of L next to R foot, Step R back sweeping L back - Turning 1/4 L  
4&a      Step L behind R, Step R to side, Step L to side 6:00

## CROSS, SIDE-CROSS, JAZZ BOX w CROSS-SIDE-CROSS

5a6      Step R across L, Step L to side, Step R across  
7&a      Cross L over R, Step R back, Step L to side  
8&a      Step R across L, Step L to side, Step R across L

START OVER

Options / Variations to do in section 4:

**Instead of the Fwd Rock, Recover (1-2), you can Step, Tap, Step slightly back.**

1a2                    Step L fwd, Tap R toes behind L foot, Step R slightly back)

**You can leave out the last & Cross (&a).**

7&a8                    Ending with the Jazz Box w cross.

**Updated 12-22-2023**

**(Made a correction and also added options/variations in the last section)**

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