

Firerose

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Roosamekto Mamek (INA) - November 2023
音樂: Plans - Firerose & Billy Ray Cyrus



Intro: 16 count (approximately 00:18)

S1. UNWIND 3/4 RIGHT, FORWARD MAMBO, COASTER STEP, TRAVELING PIVOT TURN 3/4 LEFT, BASIC NC2S

1-2& Cross R behind L and make 3/4 turn right weight on R (9:00) – Rock L forward – Recover on R
3-4& Step L back – Step R back – Step L together
5-6& Step R forward – Step L forward – Turn 1/2 left step R back (3:00)
7-8& Turn 1/4 left step L to side (12:00) – Step R behind L – Cross L over R

S2. BASIC NC2S, BACK TURN 1/4 RIGHT WITH SWEEP, BEHIND, SIDE, CROSS ROCK, SIDE, CROSS ROCK, FORWARD TURN 1/4 LEFT

1-2& Step R to side – Step L behind R – Cross R over L (12:00)
3-4& Turn 1/4 right step L back and sweep R back (3:00) – Cross R behind L – Step L to side
5-6& Cross/Rock R over L – Recover on L – Step R to side
7-8& Cross/Rock L over L – Recover on R – Turn 1/4 left step L forward (12:00)

S3. BACK TURN 1/2 LEFT WITH SWEEP, BEHIND, SIDE, CROSS WITH SWEEP, WEAVE, ROCK BEHIND, SIDE, ROCK BEHIND, SIDE

1-2& Turn 1/2 left step R back and sweep L back (6:00) – Cross L behind R – Step R to side
3-4& Cross L over R sweep R forward – Cross R over L – Step L to side
5-6& Rock R behind L – Recover on L – Step R to side
7-8& Rock L behind R – Recover on R – Step L to side (6:00)

S4. SWAYS, COSTER STEP, SYNCOPATED PIVOT 1/2 TURN RIGHT (2X), SIDE ROCK

1-2 Sway to right – Sway to left
3-4& Sway to right – Step L back – Step R together
5-6& Step L forward – Step R forward – Turn 1/2 left weight on L (12:00)
7&8& Step R forward – Turn 1/2 left weight on L (6:00) – Rock R to side – Recover on L (6:00)

REPEAT

TAG : End of wall 1 & 3

ROCK BEHIND, SIDE, SWAYS

1-2& Rock R behind L – Recover on L – Step R to side
3-4& Rock L behind R – Recover on R – Step L to side
5-6 Sway to right – Sway to left weight on L

Ending: On wall 6 after 16 count

For more info about step sheet & song, please contact:

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